



Leeds and York Partnership
NHS Foundation Trust


**Research &
Development**



Annual Report

2023-24

Actively shaping the future of Mental Health Care



**Study
activity and
performance**

It has been really great to work with LYPFT. There's been such a good can-do attitude and good relationships between us all. I hope we can work together again in future.

Rank of
Yorkshire Mental
Health Trust for
studies

2nd

Number
of studies
that the Trust
has recruited to


37

Number
of participants
recruited to
studies

343

Number
of new
studies opened

28



YPAN
(Young Person's
Advisory Network)

[https://
www.
leedsandyorkpft.nhs.
uk/research/
comic/get-involved-with-
comic/](https://www.leedsandyorkpft.nhs.uk/research/comic/get-involved-with-comic/)



I take part in service user participation because I find, whatever the project or group, it is always interesting. It is rewarding to be able to use your life experiences to contribute. It provides an opportunity to meet people from diverse backgrounds and learn from them.

HEER Group Member

Young
people

130+

Youth
and community
groups across
Yorkshire

9

Research
Ready Schools

2

Large-
scale
collaboration
events

4

Individual
professional
contacts

58

Organisations/
professional
representatives

43



HEER (Help from Experts by Experience for Researchers)

Established
2006

Leeds and
York Partnership
NHS Foundation Trust
-Help from
Experts by Experience for
Researchers (HEER) group
(leedsandyorkpft.nhs.uk)



HEER Group
blog :
[https://www.
leedsandyorkpft.nhs.uk/
research/latest/blog/service-
users-shape-research-meet-paul-
fraser/](https://www.leedsandyorkpft.nhs.uk/research/latest/blog/service-users-shape-research-meet-paul-fraser/)



I think research is better when it involves service users because it makes it a 360 degrees process. The end point of most research is directed towards service users and having them involved throughout the whole process keeps their perspective, ideas and feedback integral in the research.

HEER Group Member

"The service user / carer panel were very supportive and open with feedback, which was invaluable to further design of the project"



**We help
make good
research**

**Patient
centred
focus**

**Passionate
about
research**

Training and Development



Research and Development has supported staff to gain PhD studentships and NIHR Fellowships and, undertake training via the 360 Manager training. Student nurses have undertaken the Mental Health Student Nurse Hybrid Placement (MESH) which allows them to undertake part of their placement in R&D. MESH statistics shown below...

As a student I wasn't fully aware of how much or how little we were able to get involved with in terms of research, but this programme has really delved into the number of opportunities available even as students.

Student participant of MESH

Student cohorts

2

Weeks embedded training

6

Sessions with R&D staff

12

Student nurses

6

Student dieticians

6

Services participated

8



Outputs and Funding Applications



My research journey is just starting, but with the support and opportunities provided to me by the R&D team, I feel confident I can reach both my professional aims and career aspiration.

Staff Member undertaking research

Number of funding applications submitted

9

Number of papers published on research activity conducted in the Trust

59

Outcomes of funding applications submitted

2
successful

NIHR | National Institute for Health Research

Thank you to our collaborators

How We Share



I enjoyed meeting others interested in research, a chance to talk about my research plans and hear about other people's.
Research study participant



@LypftResearch



Forum 2024 feedback

This was the best of the annual research forum I've been to over the years. I really enjoyed the wide range of presentations which all seemed linked by involving lived experience. I also really enjoyed the networking session.

Very engaging talks, presenters clearly passionate about their research.

All presenters were very engaging, you could see the passion of their particular area of interest.

I felt connected to our research community.

Finances & Pump Priming



Projects and costs

Research Capability Funding received
£ 255,000

Grant funding administered by the Trust
£ 1,743,000

New grant income
£ 50,000

NIHR PCAF application: publishing current research and planning for the future.	£ 7,882.70
Monitoring the Inter-Dose Interval for Long-acting injectable Antipsychotics: pilot for the MIDILIA study.	£ 502.00
Promoting Social Skills in children with Autism using Minecraft* (PRISSAM).	£ 2,927.85
Scoping viability and focus to develop a larger, future research proposal, potentially: 'Investigating the impact of early and late adult autism diagnoses on mental health outcomes'.	£ 10,000.00
An understanding of the factors that contribute to readmission in R&R service.	£ 600.00
Total	£ 21,912.55





Additional Information

Engaging Stakeholders

<https://www.leedsandyorkpft.nhs.uk/research/actively-engaging-a-network-of-key-stakeholders/>



Research as Core Business

<https://www.leedsandyorkpft.nhs.uk/research/creating-a-culture-of-research-being-core-business/>



Skilled Workforce

<https://www.leedsandyorkpft.nhs.uk/research/developing-a-skilled-research-workforce/>



Outputs and Impact

<https://www.leedsandyorkpft.nhs.uk/research/effectively-disseminating-outputs-and-impact-of-research/>



National/Regional Agendas

<https://www.leedsandyorkpft.nhs.uk/research/influencing-national-and-regional-agendas/>



If you want to get to know us better, you can:

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Follow us on Twitter @LypftResearch