



Leeds and York Partnership
NHS Foundation Trust



HM Prison &
Probation Service

Probation
Service

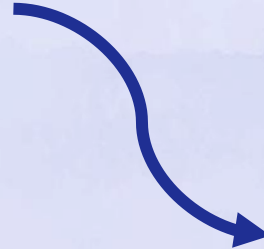


“It’s only watching it back that I can think differently about what’s happening”

What can ‘Interpersonal Process Recall’ offer to reflective practice when working with offenders with ‘Personality Disorder’?

Leanne Myers

The Development of IPR



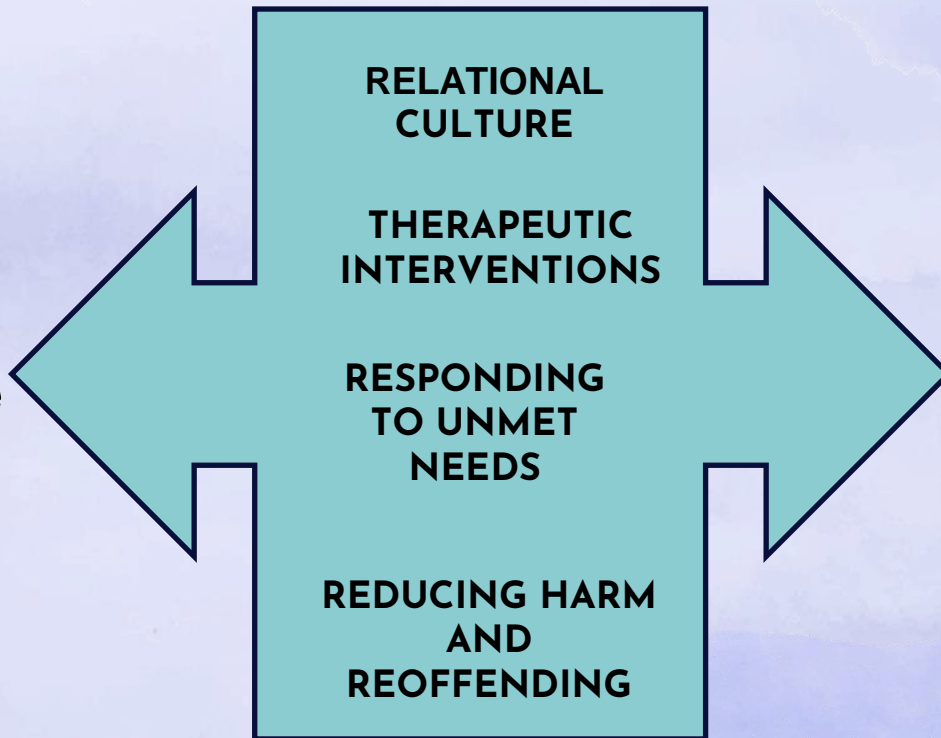
exploration, slowed down and in-depth reflection



“An Exploration of how Psychological Consultation therapeutically influences probation practice within the Offender Personality Disorder Pathway”



HM Prison &
Probation Service



LUCY JOHNSTONE

PEOPLE ARE
IN GREAT
DISTRESS...

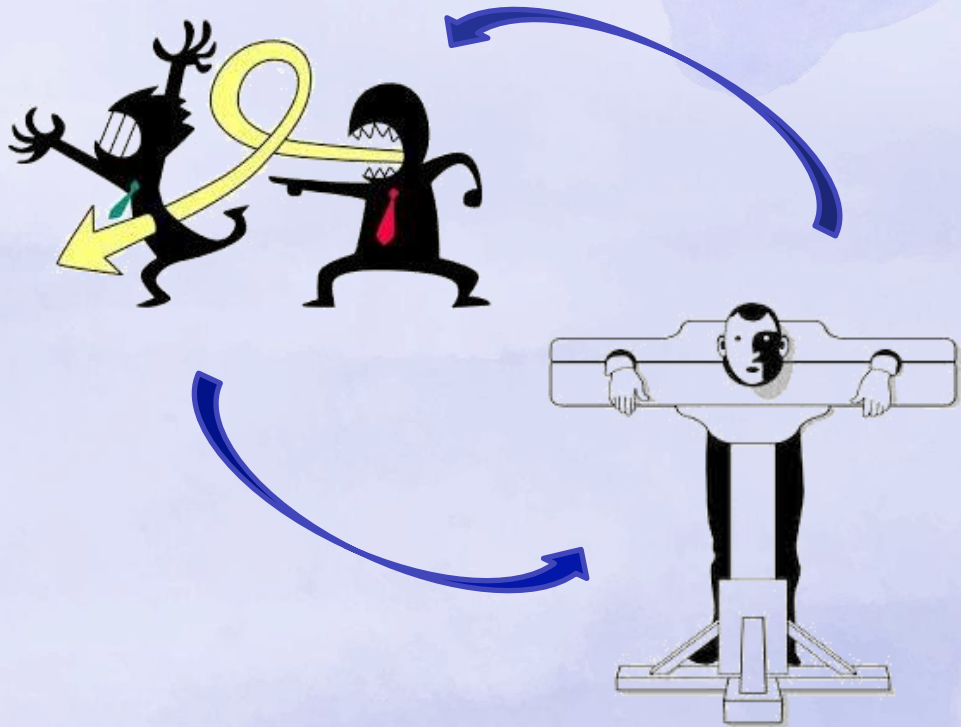


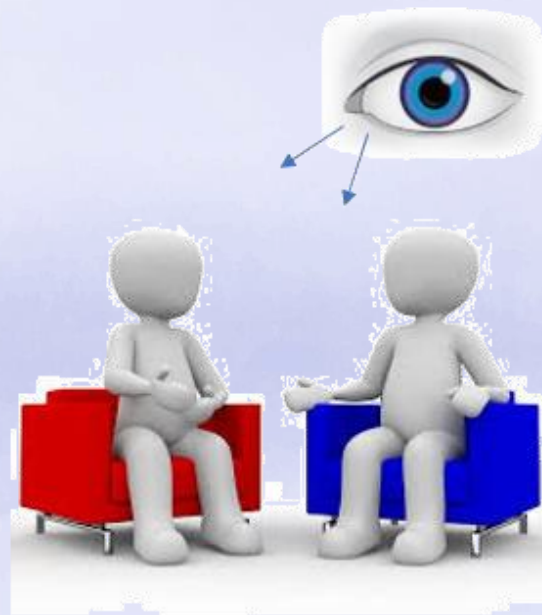
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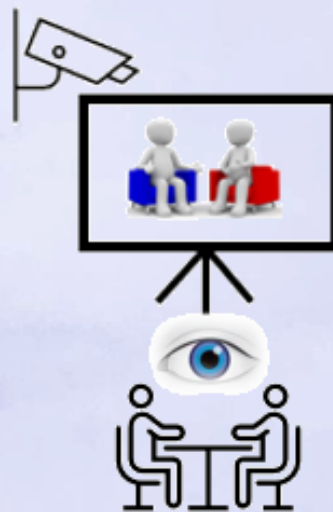
BUT HOW DO WE
UNDERSTAND

WHAT IS
HAPPENING?

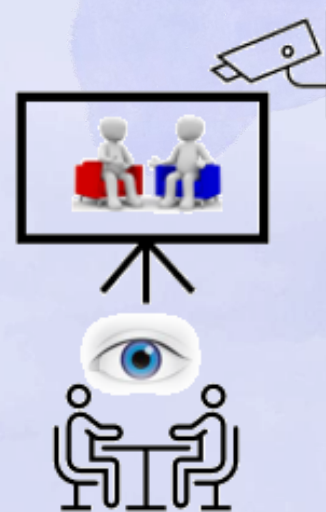




Stage 1



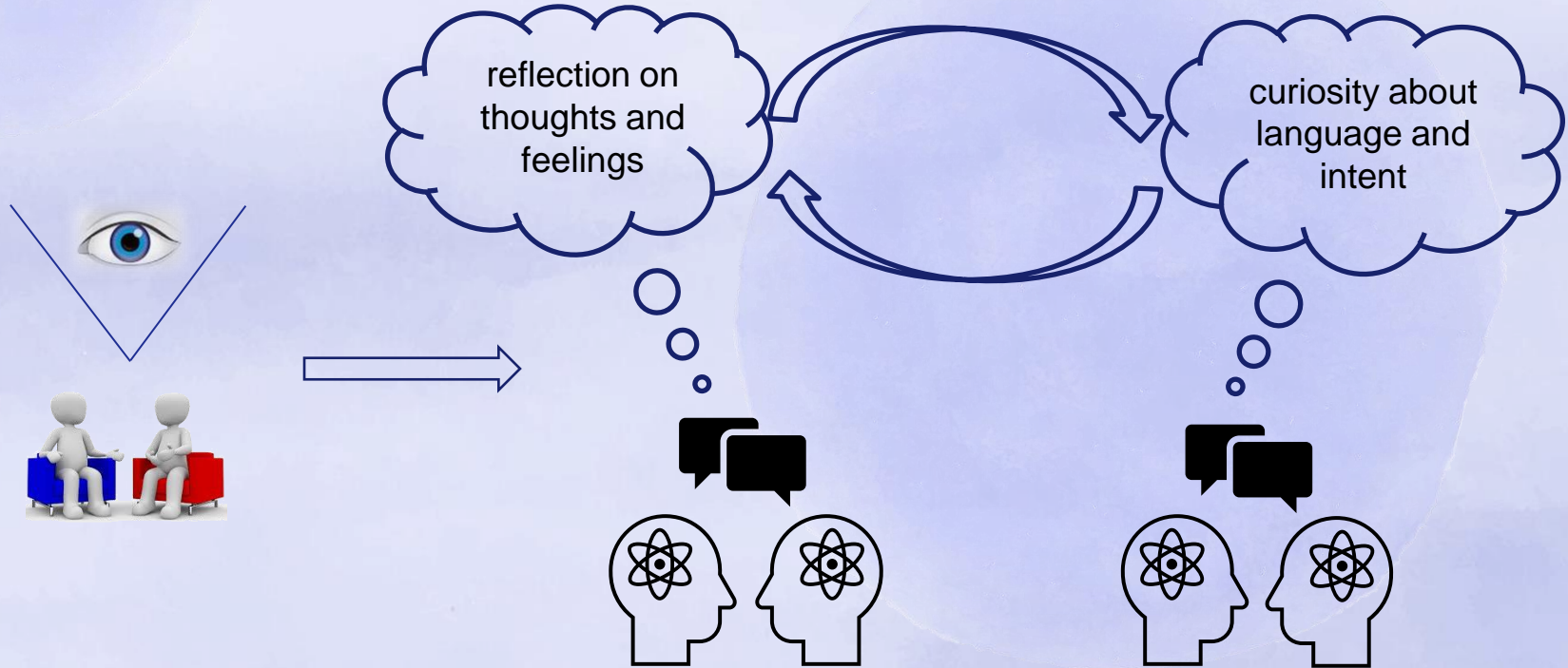
Interview with
Probation
Practitioner



Interview with
Psychological
Therapist

Stage 2

Interpersonal Process Recall (IPR) Interviews: What do they look like?

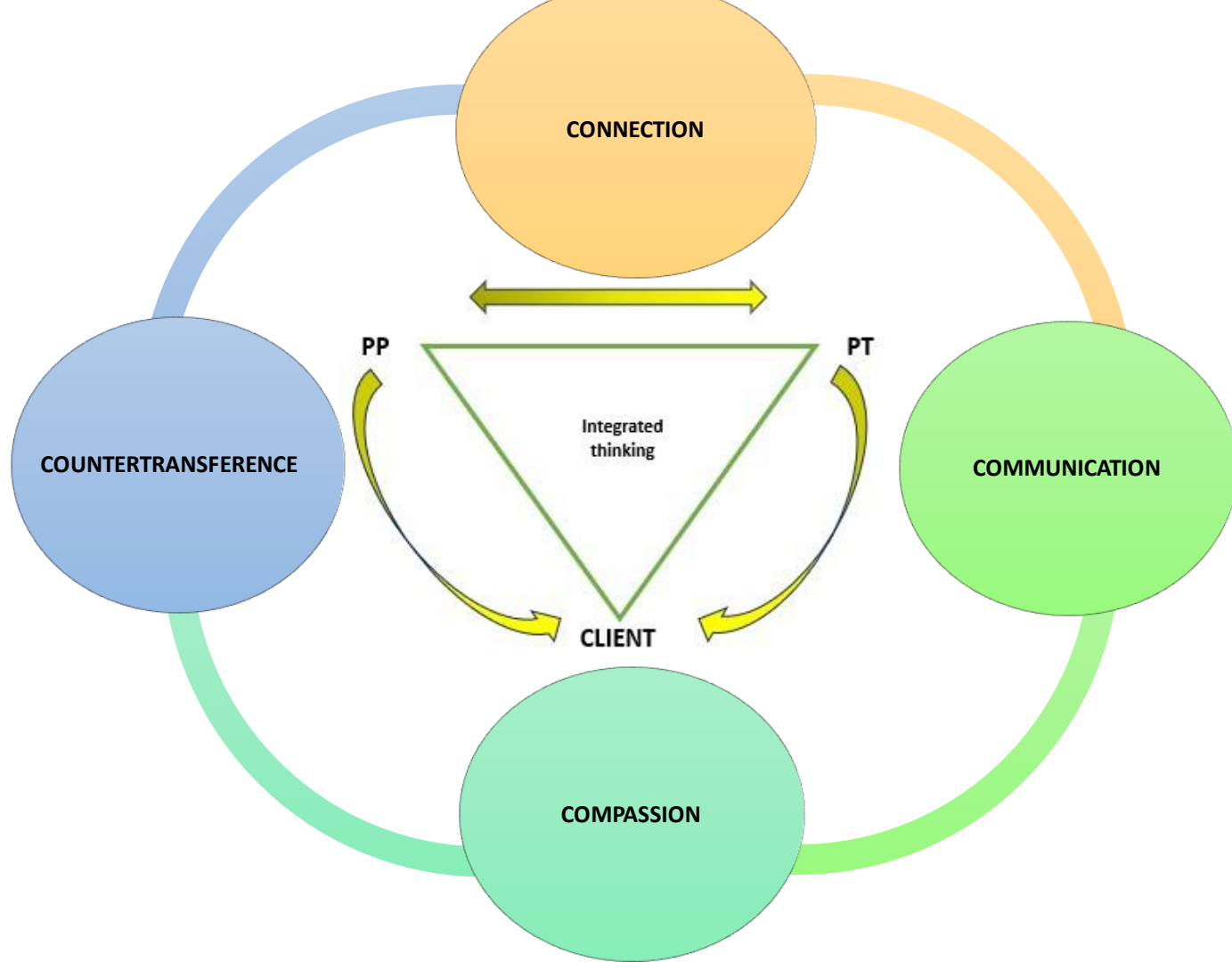


*"I feel as though just from our discussion that we've had that I'm now okay about him not being honest...it's just reminded me of **why** he's not been honest....you know... helps you not forgive the behaviour, but but understand and be able to tolerate it" (PP_7)*

"I'm distracted here..looking for information.... the screen is like a a buffer.....Kind of gives you a little....Little space....away....It's fascinating, really, what we do without fully being conscious of our minds.....Especially when you're kind of trying to unpick... the complexity that we're working with...." (Psych_1)

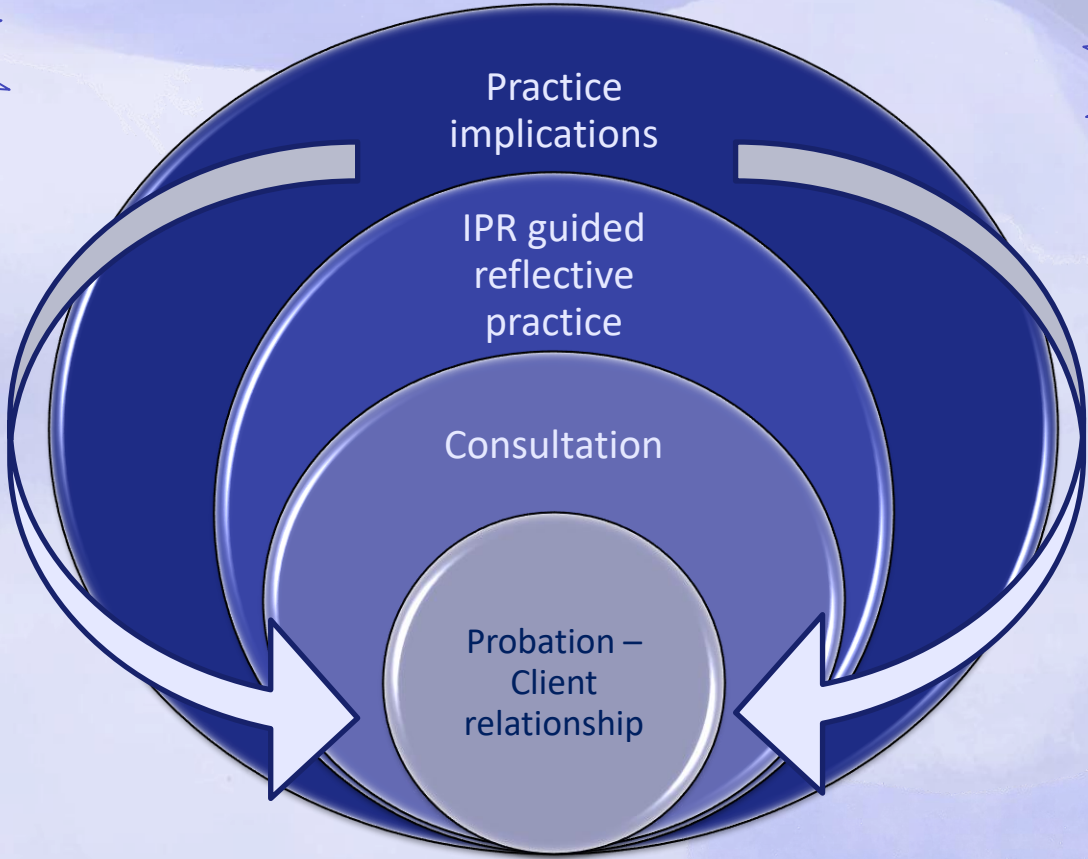
"Res: Do you know what stopped you saying that ... that you felt sad for him.....?"

Psych: It didn't.... I didn't... feel sad for him then, but I do feel sad for him now.... when I'm listening....lookingon it now.....It's like I can't sit with the feelingit's almost like.... sometimes, like when you in therapy with someone. You just sit and process that feeling and tolerate it.....So I'm wondering if that's why the 'feeling' bit was kind of missing.....Because we couldn't face it, it's kind of light.... lighter in a way to avoid it" (Psych_2)



Safety and exposure

Psychological mindedness



Recall needs time and space

'there and then' vs 'here and now'

References

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Questions

