



Innovation

Research and Development Newsletter



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Editorial issue 48 Innovation

In this edition we reflect on the Annual Research Forum that took place on the 31st March at thestudio in Leeds. The Forum is an opportunity to celebrate and showcase the outcomes of projects carried out in the previous year(s) and to share details of new research. For those who couldn't attend the event was filmed, and individual presentations are now available for people to view. A short film giving an overview of the event can also be viewed here: www.leedsandyorkpft.nhs.uk/research/annual-research-forum/. Details of who won the poster competition can be found in the full review of the event. Positive feedback was received from the delegates attending and we look forward to seeing everyone again next year.

In this edition we also highlight the ASSIST2 team who were nominated for an award for research in a non NHS setting by Yorkshire and Humber Clinical Research Network. They attended an evening awards event where their work on the ASSIST2 trial in schools was highlighted.

The West Yorkshire Staff Mental Health and Wellbeing Hub provides support to staff struggling with their own mental health and wellbeing. The Trust supported an evaluation of the hub, feedback from initiatives was overwhelmingly positive. Read more about their work in the article. COPE-support is a website that provide support to families, friends and carers of people who experience psychosis. Learn more about what COPE offers and what the outcomes were from their research.

Finally, in this edition we introduce you to two new members of the team, Zoe Jackson, Research Programme Manager and Pam Turpin Research Assistant. They talk about their previous experience and what they will be doing in their roles. We welcome both of them to the team.



Sarah Cooper,
Head of Research and Development,
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Thank you to those of you involved in the EFFIP project, and to those of you who used the COPE-support website <http://cope-support.org/about/>. We greatly appreciate the time you spent helping us understand how well this website could support families, friends and carers of people who experience psychosis. We have some outcomes to share with you and some ideas for our next steps, but initially we would like to give you a reminder of why, how and what we did.

The What

In 2016 the development of COPE-support started, with input from a variety of people with expertise in different areas, for example, carers and patients themselves, web development experts, and experts in conducting studies. Plus, we included various sources of information such as previous studies and lived experience testimonies. After much conversation, discussion and work, an interactive website was designed that carers were able to: find out information, ask questions to relevant medical experts and other carers, and be signposted to other information that was beyond the scope of the project.

By 2018, the COPE-support webpage and mobile app had been built and checked, and was being used by the carer participants. To be able to decipher the difference between having access to the COPE-support interactive website and not, we randomly picked half of the 407 users to have just a static website with information only. This gave us two groups to compare and see if there were any differences. Those who received the static website were then able to access interactive COPE-support at a later date.

The Why

As we're sure you're aware, psychoses including schizophrenia are very common mental illnesses that affect at least 1% of the population (in England this would be over half a million people in 2021), and the care given by family and friends is often invaluable. Looking after this informal and often un-sung 'workforce' is therefore really important and we wanted to find a way to do that in an informative, supportive and accessible way.

The How

In 2014, there was a different study which looked at helping brothers and/ or sisters of those who have psychosis and this showed that a website could be helpful. With this knowledge we wanted to expand and include not just siblings, but other people too who are involved in the care of those who experience psychosis. With this in mind the EFFIP (E-support for Families and Friends fOr Individual with Psychosis) project was designed to create some interactive webpages which we called "COPE-support" as a resource and to measure any difference it made to its users.

The Outcomes

Even though we started with 204 carers in one group and 203 in the other, some people were not able to complete the questions that were asked at intervals during usage. We still had an incredible number of people who did complete the study (346, 85% participants, at 20 weeks).

Thanks to the team involved we were able to do some complicated calculations that showed there wasn't any big difference between using either sort of website. The good news is that some of those who did use the website were interviewed and had a number of positive experiences.

Carers found COPE-support to be a convenient, flexible source of knowledge and support from other carers and relevant experts. Carers gained self-confidence, hope, and a sense of community from connecting with others in the same situation, which helped reduced stigma and feelings of isolation. Best of all, self-care of carers was increased through their use of COPE-support. Carers' usage and experience of COPE-support differed widely depending on carer age and how comfortable they felt using the internet.

The Next Steps

We are still trying to understand how best to optimise COPesupport, and find out if particular groups of carers found it more helpful than others. We would like to do further COPesupport studies, making it better and reaching more carers. We'll keep you posted!

Written by:

Jacqueline Sin, Elen Williams, Rachel Batchelor and others from the Project Reference Group, and Paul Kenny and Eva Klamerus, carer-members of the Trial Steering Committee





The CONGRAM study

Gambling treatment service providers' views about contingency management: a thematic analysis

Background

There is a need to improve retention and outcomes for treatment of problem gambling and gambling disorder. Contingency management (CM) is a behavioural intervention involving identification of target behaviours (such as attendance, abstinence, or steps towards recovery) and the provision of incentives (such as vouchers or credits towards the purchase of preferred items) contingent on objective evidence of these behaviours. Contingency management for abstinence and attendance in substance misuse treatment has a substantial evidence base but has not been widely adopted or extended to other addictive behaviours such as gambling. Potential barriers to the widespread adoption of CM may relate to practitioners' perceptions about this form of incentive-based treatment. The present study sought to explore United Kingdom (UK) gambling treatment providers' views of CM for treatment of problem gambling and gambling disorder.

Methods

We conducted semi-structured interviews with 30 treatment providers from across the UK working with people with gambling problems. Participants were provided with an explanation of CM, several hypothetical scenarios, and a structured questionnaire to facilitate discussion. Thematic analysis was used to interpret findings.

Results

Participants felt there could be a conflict between CM and their treatment philosophies, that CM was similar in some ways to gambling, and that the CM approach could be manipulated and reduce trust between client and therapist. Some participants were more supportive of implementing CM for specific treatment goals than others, such as for incentivising attendance over abstinence due to perceived difficulties in objectively verifying abstinence. Participants favoured providing credits accruing to services relevant to personal recovery rather than voucher-based incentives.

Conclusions

UK gambling treatment providers are somewhat receptive to CM approaches for treatment of problem gambling and gambling disorder. Potential barriers and obstacles are readily addressable, and more research is needed on the efficacy and effectiveness of CM for gambling.

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Other researchers

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Evaluation of the West Yorkshire Staff Mental Health and Wellbeing Hub

The West Yorkshire (WY) Hub was one of 40 hubs created in the wake of the COVID-19 pandemic to support staff and volunteers. Recognising that the systems which support public health and wellbeing are much broader than the NHS alone, the Hub serves third sector and social care staff and volunteers in addition to those working in healthcare services.

The remit of the Hub is broad; in addition to supporting staff and volunteers who self identify as struggling with a mental health problem, it exists to support positive culture change. To do this, the hub has created a multi-level approach, which also 1) supports workers to develop basic mental health skills, so that they can support their colleagues; 2) raises awareness of mental health problems and solutions, to start 'the conversation' about mental health in teams and 3) reduces barriers to accessing help, supporting workers to identify when they need to access help and providing the necessary information so they can reach help when they need it.

The findings from this report indicate that in its first 15 months, it has delivered services and initiatives targeting each of its originally identified levels. To do this, the Hub has partnered with a range of external organisations and partners to ensure that specialist skill sets are acquired.

These services have been well-utilised: the therapy service has received 450 referrals; 36 participants have been trained in Critical Incident Stress Debriefing; 29 participants have received coaching skills training; 46 participants have joined peer-led mental health training workshops; 59 participants have attended self-help mental health webinars and 125 participants have joined Hub-facilitated Schwartz Rounds.

Feedback from these initiatives has been overwhelmingly positive, with qualitative comments indicating that participants have benefited from the Hub-provided support with their own mental health problems.

They have also welcomed the opportunity to be trained and equipped to prevent mental health problems both in themselves and their colleagues. Moving forwards, feedback indicates that a hybrid approach to delivering these offers may be beneficial, with some participants preferring offers to be made available online and others expressing a preference for in-person delivery.

Pre-and-post quantitative data was only available in the evaluation for the Level 3 Critical Incident Stress Management training. Results from this were also positive, indicating that the training was associated with improvements in participants' confidence in facilitating discussions and supporting their colleagues after incidents.

These data also indicate areas where the Hub can improve its practice. In particular, these data identify a need to reach a more ethnically and gender diverse group of staff and volunteers. Findings from the qualitative research indicate that this could be supported by consistent messaging and advertising over time, and signposting from inservice managers.

You can find out more about the hub here: Staff Mental Health and Wellbeing Hub: Workforce Transformation (wystaffwellbeinghub.co.uk)

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Other researchers

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IDEAL living with Dementia toolkit

You may remember some time ago the University of Exeter-led programme Improving the Experience of Dementia and Enhancing Active Life (IDEAL) which was active in the Trust. The study recruited 1,547 people diagnosed with mild to moderate dementia and 1,283 carers and is following as many as possible over seven years. LYPFT recruited 118 participants across IDEAL1 and IDEAL2 studies.

The Living with Dementia Toolkit amalgamates the findings from the IDEAL project, drawing on the experience of thousands of people affected by the condition. The toolkit is linked to the INCLUDE project, part of IDEAL, which is also funded by the Economic and Social Research Council, as part of UK Research and Innovation's rapid response to Covid-19. INCLUDE seeks to understand and support people affected by dementia during the COVID-19 pandemic. The new toolkit draws on that learning to incorporate a wide range of advice, resources and accounts of people's own experiences.

Professor Linda Clare, of the University of Exeter, who leads the IDEAL programme, said: "This project is the culmination of the most in-depth exploration to date of

what can really make a difference and help people live as well as possible with dementia. Through our extensive research programme and through ensuring people with dementia and carers are at the core of all our activities, we have developed a comprehensive toolkit to enrich every aspect of life. The COVID-19 pandemic was a particularly difficult time for people affected by dementia, but we learned so much, not just about how best to support people through such a crisis, but about how we can help with managing the challenges of everyday life."

The new toolkit is organised into five themes: Stay safe and well; Stay connected; Keep a sense of purpose; Stay active; and Stay positive. It includes content proposed by the involvement group of four people with dementia and four carers, including the challenges of dealing with risk.

Access the toolkit at www.livingwithdementiatoolkit.org.uk



CONIFAS study: Still recruiting!

The 'CO-production of a Nature-based Intervention for Children with ADHD Study' (CONIFAS) is still recruiting! www.comic.org.uk/research/conifa

We know that children and young people with ADHD are highly creative and dynamic and sometimes experience excessive activity and energy and struggle with their attention and behaviour. Developing skills to help support these difficulties can be helpful for education, relationships, and general mental wellbeing. It can sometimes take a long time to access this support which might impact upon the difficulties children and young people with ADHD experience.

Engaging with nature has been shown to have a positive impact on the things children and young people with ADHD may struggle with. Although policies are increasingly moving towards prescribing 'green treatment' (such as outdoor exercise and learning), these are not yet designed for children and young people with ADHD.

CONIFAS aims to co-produce a nature-based intervention specifically for children and young people with ADHD with children, families, and professionals who have lived experience of ADHD. This will be done through discovery and co-production of workshops with these groups and the

co-produced intervention will then be tested by children and families with lived experience of ADHD.

We are seeking professionals who work with children with ADHD or in the field of nature activities/outdoor recreation to join consultation workshops on Friday mornings on 19th August, 30th September, and 5th November 2022, and around May 2023. Workshops will take place at Barlow Common Nature Reserve in Selby.

Please do contact us with any questions or for further information: Ellen Kingsley, Trial Coordinator, e.kingsley@nhs.net; Leah Attwell, Research Assistant, leah.attwell@nhs.net.

To find out more about the CONIFAS project please visit: www.comic.org.uk/research/conifa



JOIN US IN THE EATING DISORDERS GENETICS INITIATIVE (EDGI)



IS OPEN TO ANYONE WHO...

- ✓ **IS AGED 16+**
- ✓ **LIVES IN ENGLAND**
- ✓ **IS CURRENTLY EXPERIENCING OR HAS EXPERIENCED AN EATING DISORDER IN THE PAST**

WE HOPE



PEOPLE WILL TAKE PART

PATIENTS WITH ANOREXIA NERVOSA, BULIMIA NERVOSA, BINGE EATING DISORDER OR ANY OTHER EATING DISORDER ARE WELCOME TO JOIN

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SerTRaline for AnxieTy in adults with a diagnosis of Autism (STRATA). A randomised controlled trial.

Are you an adult with a diagnosis of autism and have (or had) symptoms of anxiety?

If so, it may be suitable for you to take part in a study called STRATA (SerTRaline for AnxieTy in adults with Autism).

STRATA aims to find out whether the medication sertraline is an effective treatment for anxiety in adults with a diagnosis of autism.

We aim to enrol 306 autistic adults (aged ≥18 years, without a learning disability or with a mild learning disability) to this study, and would like you to consider taking part. This is a randomised study; participants have a 50% chance of receiving active sertraline capsules, and a 50% chance of receiving placebo (inactive) capsules.

For further information, visit our website, ask your autism specialist, or contact us:

Website: www.bristol.ac.uk/strata

Local contact: Eleni Tsappis

Telephone: 07816 100 416

Email: eleni.tsappis@nhs.net

This study is funded by the National Institute for Health Research (NIHR) HTA Programme (Ref: 127337). The views expressed are those of the author(s) and not necessarily those of the NIHR or the Department of Health and Social Care.

The authors and University of Western Australia acknowledge funding from the National Health and Medical Research Council (Project Grant 1171206). The contents of the published material/website are solely the responsibility of the authors and do not reflect the views of NHMRC.

FUNDED BY

NIHR | National Institute for Health Research


Interested in participating in Food and Mental Health Research?


Come join our study!

A **mixed methods** study using co-production to explore **Food Insecurity*** in adults with **Severe Mental Illness**** living in Northern England

Requirements to participate in this study:

 Aged 18 or above.

 Self identify as living with Severe Mental Illness (Schizophrenia, Bipolar Disorder or other Psychosis).

 Live in Northern England (North West, Yorkshire and Humber or North East and North Cumbria).



Interested?



Please visit the survey page to take part:

https://teesside.onlinesurveys.ac.uk/nihr-research-for-patient-benefit-fi_adults-with-smi_nort-5 or telephone 07557 834457 for a paper copy.

NOTE: You heard about it from Leeds and York NHS Foundation Trust

For more information, please contact Jo Smith at jo.smith13@nhs.net or Fatemeh Eskandari at F.Eskandari@tees.ac.uk

Version 3, 22.03.2022 IRAS ID: 306281

This study has been approved by the Health Research Authority and is funded by the NIHR Research for Patient Benefit – Mental Health in the North programme



May marked the launch of the first annual regional research awards in Yorkshire and Humber and members of the R&D department turned out in force to support the COMIC Team and their nomination. The ASSSIST2 Team was shortlisted for an award in the Best Contribution in a Non-NHS Setting category for their outstanding work with local schools over the course of the COVID-19 pandemic.

The ASSSIST2 study worked with children from 68 schools with autism spectrum disorder (ASD) in schools to help these children to understand social situations through the employment of Social Stories™. The stories are tailor written for the individual child and their needs and can be used within the home and school environments. The study was hugely impacted by the pandemic and the team successfully navigated the closure of schools, movement of recruitment, training and data collection into an online model, whilst working with schools who were experiencing unprecedented pressures. These experiences have been invaluable lessons to the wider R&D team and are helping to shape the delivery of future studies to improve flexibility, sustainability, and efficiency.

"We were very excited and honoured to be nominated for the award which recognised our team's efforts in providing and testing a behavioural intervention for autistic children in schools, especially throughout the numerous lockdowns. The challenges of the pandemic really affected this population, and it was so rewarding to be able to innovatively support families in their time of need. The awards evening was lovely, and it was fantastic to celebrate and hear about all the interesting and important research going on within the NHS" – ASSSIST2 Team

You can see some more of the awards ceremony at [#NIHRAwardsYH](https://twitter.com/NIHRAwardsYH).



Our 14th Annual Research Forum

The 2022 Annual Research Forum showcased the fantastic research work completed by our Trust and academic staff. A range of delegates from disciplines including nurses, allied health professionals, psychologists, academics, researchers and psychiatrists attended the event, which was held at the studio, Leeds on Thursday 31st March 2022.

The event was Previously postponed from 11th November 2021 due to COVID-19 restrictions.

The event was opened by Research and Development Clinical lead, Max Henderson, who celebrated the achievements of the past year and highlighted how the Trust has performed through extenuating circumstance in the climate over the last year and emphasised how important, particularly now NIHR (National Institute for Health Research) portfolio research is.

Seven presentations covered a wide range of topics and included a mix of study outcomes and future research priorities. Outcomes included sharing the early findings of the projects the COMIC (Child Oriented Mental health Intervention Centre) team have been working on (which are currently embargoed), the progress of the Fresh Start study, looking at how we can improve the support offered by the NHS to people who self-harm, a couple of excellent Dementia studies NIDUS and EMBED-Care presented by our colleagues at University College London and North East London NHS Foundation Trust.

The event also saw three parallel interactive workshops covering patient and public involvement in research, embedding research into your career development and optimising recruitment into research project. All workshops were well attended and some great discussion and emerging ideas were generated.

This year we enlisted to help of Leeds Media Services to help capture the event and us to promote future Forums. The video, presentations, abstracts and biographies from the day can be found on our website: www.leedsandyorkpft.nhs.uk/research/annual-research-forum/

During the event, 8 posters were displayed and delegates had the opportunity to vote for their top two. After the votes had been counted, the winners were announced:

Joint 1st prize

In BIG letters by Learning Disabilities, Pharmacy and PET

And

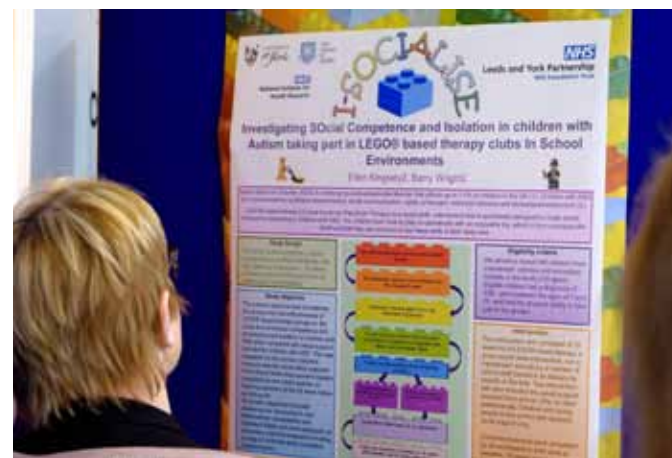
Routinely used interventions for improving attachment in infants and young children: an updated systematic review and comprehensive UK survey by Eleni Tsappis

2nd prize

Alleviating Specific Phobias Experienced by Children Trial by Miss Sarah Parkinson.

Early feedback and evaluation from the event shows that 100% of respondents rated the 2022 event as 'very good' or 'excellent'.

There was also a lot of Twitter chat on the day. Comments, quotes and photos from the event can be viewed on the Twitter Moment which can be found here: twitter.com/i/events/1509819934213390347



Early feedback received

"The content of the presentations were good, not too much information on there to make it overwhelming."

"Good to have a range of presentations covering different topics"

"I enjoyed the joint presentations from different teams as well as single presentations, I thought the delivery style was very engaging and enjoyed the question and answer segment"

"Everything was really good. I think more time was needed for the workshops at the end"

"I was happy with the delivery of presentations. The key speakers were excellent."

The Research Forum really is for everyone view our short film of the event and hopefully we will see you there next year!

www.leedsandyorkpft.nhs.uk/research/annual-research-forum/



Hello my name is...



Zoe Jackson

I have recently joined LYPFT as the Research Programme Manager in the COMIC team, based in York. I support the COMIC team in their delivery of high-quality research into interventions encompassing children's mental health and wellbeing.

I previously worked in laboratory research for 10 years as a virologist, completing an MSc and PhD at the University of Leeds. My PhD project developed a novel lateral flow test for the direct detection of viral infections, little did I know how important

these tests would be in the years to follow. My past research focuses have been very varied, I started out with an animal science degree, remaining interested in animal infections until my Post-Doc where I moved into working on antiviral strategies for a human oncogenic herpesvirus.

I have two children aged 5 and 2 with the smallest being born at the start of the COVID-19 pandemic. It was navigating a pandemic with a school aged child and toddler that gave me particular interest in moving my focus into children's mental health. It is a privilege to come to work in such an important area of research and be able to work within a team who are providing such vital information for the improvement of children's mental wellbeing. Outside of work, in my rare free time, I love to craft and will often be found with a knitting project in my bag. Or more likely, in a pair of wellies, running around after children!

Zoe Jackson, LYPFT
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Hello my name is...



Pam Turpin

I have recently started my role as Research Assistant with the Research Team at York and Leeds Partnership. This role involves assisting with research projects currently being undertaken across the Trust.

My background is in health and social care research and development. My interest in research began in 2001 when I worked for RNIB. I undertook a variety of research projects including exploring falls prevention in care homes; understanding the medicine information needs of older people with sight loss; and improving eye care screening in Wales. During this time, I achieved an MA in Gerontology in 2006 exploring the quality of life of people experiencing dementia and sight loss and was invited to present my findings at several international conferences

I worked as a research analyst and programme manager for the consultancy company, Arup, for several years. I focussed my research on issues that impact the lives of older people, particularly dementia; end of life care; assisted living technologies;

sensory challenges and environmental design. I also collaborated with Arup and Virgin Trains as an independent consultant developing an environmental audit tool to improve the design of railway stations for people living with dementia or cognitive losses as well as assisting the Borough of Poole in the development of a state-of-the-art care home for people with dementia.

In 2018, I stepped away from my working career to become a full-time caregiver for my mother and nursed her till she passed away in June 2021.

During this time, I carried on studying for a PhD with University College London (UCL) which I achieved in July 2021. My research explored posterior cortical atrophy and the day to day social and environmental challenges faced by people living with this atypical dementia as well as the resultant emotional impact experienced by their caregivers.

Now that my family caring role has ended, I am looking forward to once again using my research skills in projects that aim to help improve the lives of people with mental health challenges.

For fun, I enjoy singing in my local choir, acting with the village drama group and tending my garden.

Pam Turpin, LYPFT
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Finding the Evidence - training dates for your diary

The Library and Knowledge services team are currently delivering information skills training courses remotely. The team are delivering one-to-one training to request this you will be required to complete a training request form www.leedslibraries.nhs.uk/courses/one-on-one-request.php.

The following courses are free to all Trust staff.

- Cochrane library training**
This course focuses on the skills required to search the Cochrane Library effectively to retrieve high quality evidence to support work and study.
- Critical appraisal**
This course focuses on why it is important to appraise journal articles, how to go about doing this, and how to get further help.
- Current awareness**
Aimed at staff who wish to set up and use email and RSS alerts and feeds to support their practice or professional development.
- E-journals and e-books**
Aimed at staff who wish to use e-journals and e-books to support their practice or professional development.
- Google and beyond**
Aimed at staff who wish to gain skills in searching Google for information to support their work, practice or professional development.
- Healthcare databases**
This course focuses on searching healthcare databases.
- NHS OpenAthens account**
Aimed at staff who wish to better understand their Athens account and learn about the e-resources that are available to them.

You may also be interested in accessing the introduction *videos below:

- Critical Appraisal
- Literature Searching
- BMJ Best Practice
- Royal Marsden Manual
- Anatomy Resources
- Journals A-Z
- Browzine
- Kortext
- Registering for an NHS OpenAthens Account
- TRIP Database

These videos can be found here: www.leedslibraries.nhs.uk/training/training-videos
*Please note Library and Knowledge services do not accept the responsibility for the content of these videos which have been produced by suppliers and external organisations.

For more information about any of our library courses; visit www.leedslibraries.nhs.uk/home/

National Institute for Health Research (NIHR) funding opportunities

The NIHR Clinical Research Network Portfolio is a database of studies that shows national clinical research study activity. Clinical trials and other well-designed studies involving the NHS, funded by the NIHR, other areas of government and non-commercial partners are automatically eligible for portfolio adoption. Studies that are adopted on to the portfolio can access infrastructure support and NHS service support costs to help with study promotion, set-up, recruitment, and follow-up.

The Research Design Service (www.rds-yh.nihr.ac.uk/) provides guidance and support that you will need to access when making an application for NIHR funding. They also provide funding to enable service users, carers and the public to contribute to the development of your research bid.

Funding stream	Deadline
HS&DR	Commissioned (Stage 1) 1pm, 22 Sep 2022
	Commissioned (Stage 1) 1pm, 16 Nov 2022
HTA	Commissioned (Stage 1) 1pm, 14 Sep 2022
	Commissioned (Stage 1) 1pm, 21 Sep 2022
	Commissioned (Stage 1) 1pm, 29 Nov 2022
PHR	Expressions of Interest (EoI) from Local Authorities 1pm, 12 Sep 2022
	Commissioned (Stage 1) 1pm, 02 Nov 2022

- Funding streams:**
- 1 Efficacy and Mechanism Evaluation (EME):** Researcher-led and aims to improve health/patient care. Its remit includes clinical trials and evaluative studies.
 - 2 Health Services and Delivery Research (HS&DR):** Funding research to improve the quality, effectiveness and accessibility of the NHS, including evaluations of how the NHS might improve delivery of services. It has two work streams, researcher-led and commissioned.
 - 3 Health Technology Assessment (HTA):** Funds research to ensure that health professionals, NHS managers, the public, and patients have the best and up-to-date information on the costs, effectiveness, and impacts of developments in health technology.
 - 4 Invention for innovation (i4i):** Funds research into advanced healthcare technologies and interventions for increased patient benefit in areas of existing or emerging clinical need.
 - 5 Programme Grants for Applied Research:** To produce independent research findings that will have practical application for the benefit of patients and the NHS in the relatively near future.
 - 6 Public Health Research (PHR) Programme:** Funds research to evaluate non-NHS interventions intended to improve the health of the public and reduce inequalities in health.
 - 7 Research for Patient Benefit (RfPB):** Generates research evidence to improve, expand and strengthen the way that healthcare is delivered for patients, the public and the NHS.

For further details about funding opportunities through the NIHR, visit: www.nihr.ac.uk/about-us/how-we-are-managed/boards-and-panels/programme-boards-and-panels/



Contact us R&D

Innovation is a newsletter for sharing and learning about research. This includes information about projects being carried out in your area. As such we welcome any articles or suggestions for future editions.

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