



We are **HEER**

Help from **E**xperts by
Experience for **R**esearchers

For more information including copies of this leaflet please contact the Research and Development department or visit the website

<https://www.leedsandyorkpft.nhs.uk/research/how-to-get-involved/>

contact us

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Service user and carer group

Having conversations with researchers

Making a difference to research

Who are we?

A group of service users and carers established in 2006

- who are passionate about research
- with lived and learned experience
- who feel that mental health research can be better when we work together
- coordinated through the Research and Development department

“It’s great to know our contributions make a difference to research in mental health” (HEER members)

Who are you?

- Researchers looking for public, service user/patient and carer involvement in your research.

“One of the best PPI meetings I’ve been to”

Dr. Kate Farley (Senior Research Fellow)
University of Leeds

“Invaluable advice from a service users perspective ...an excellent resource for researchers that can and should be utilized through the research process”

Lucy Carter (Trainee Clinical Psychologist)
University of Leeds

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