**<Title>**

Bipolar Disorder Research Network: Bipolar disorder, pregnancy and childbirth

**What is this study about?**

BDRN is the largest network of individuals with bipolar disorder in the world. 7000 individuals in the UK with bipolar disorder have now taken part in studies by the network.

A current focus of the research programme is to learn more about factors that make some women with bipolar disorder more likely than others to experience mood episodes in the postpartum period. It is hoped this research will lead to better prediction and treatments for these episodes.

**Who can take part?**

* Women who have a diagnosis of bipolar disorder and who are pregnant

**Or**

* Women who have a diagnosis of bipolar disorder and have experienced postpartum psychosis, mania or any affective psychosis (including psychotic depression) following childbirth.

**What is involved?**

The research will involve an interview at the participant’s home during which they will asked if they would be willing to provide a small blood sample. For women who are pregnant, they will also be re-contacted by telephone 3 months after childbirth to ask about any symptoms experienced in relationship to pregnancy and childbirth.

**How to get involved?**

Please contact Holly Taylor by email at hollytaylor2@nhs.net or call 0113 8558307.