

AD-CARE

Investigating Acute Day Units (ADUs), services that provide an alternative to admission for people experiencing mental health crises.

What is this study about?

We want to see if there are any differences between people who use ADUs and people who don't. We also want to find out whether people who use ADUs are more or less satisfied with the services provided than those who do not use ADUs.

Who can take part?

- 18 years old or older
- Have used the ADU for at least one week
- Can read and understand English (or there are translation services in place to enable communication)
- Have capacity to provide informed consent
- Do not pose too high a risk to others or themselves to participate

What is involved?

You will be invited to complete the study questionnaire either in person with a researcher, by email, as an online survey or as a telephone interview. If you meet in person you will agree a convenient location for you with the researcher in advance (either the ADU you have used or another NHS site convenient for you). Before you answer any questions the researcher will confirm that you understand what is involved and that you give your consent to take part. The research interview will involve answering quite a few questions, but they each require only a brief, tick-box answer. The interview will probably take about 30 minutes.

We will then contact you by phone 2-3 months later to ask if you are willing to do the same questionnaire again over the phone. If you decide that you do not want to take part at this point we will not ask you to do the questionnaire again. We will use the information you gave in the first interview unless you tell us not to. Six months after you have completed the first research interview we will collect some information from your medical records about whether you have used mental health services again, but we will not need to contact you, and all data will be anonymised (only a study ID number will be used).

How to get involved?

Please contact Alicia Rodgers aliciarodgers@nhs.net or call 0113 85 54431.