

REACT Trial

REACT is an online study to compare the effectiveness of a Relatives Education and Coping Toolkit (REACT) with an online Resource Directory.

What is this study about?

The aim of the REACT study is to develop a new online toolkit to help relatives (or close friends) of people with psychosis or bipolar disorder. The REACT team hope, in the longer term, to make this available to relatives (or close friends) of people with psychosis or bipolar disorder across the UK so that everyone can access it. First we have to find out if it works. In order to do this, the current research study will test the effectiveness of REACT for reducing distress and increasing wellbeing for relatives (or close friends) of people with psychosis and bipolar disorder and explore the costs involved in delivering this intervention.

Who can take part?

- Anyone who is a relative/close friend of someone with psychosis or bipolar disorder looking to receive information and support through an online coping toolkit.
- Participants must be age over 16 years old
- Participants will need regular access to a computer which is connected to the internet.

What is involved?

Participants will be allocated at random to either receive access to the REACT website, or to an online Resource Directory which includes information about all currently available services. Participants will be asked to complete questionnaires about their experiences as a relative (or close friend) of someone with psychosis or bipolar disorder at the beginning, and after 12 and 24 weeks. The study will examine whether there is a difference in how REACT or the Resources Directory impact on distress and wellbeing levels.

How to get involved?

For more information or to register for this study please visit:
www.reacttoolkit.co.uk or contact the REACT Team on react@lancaster.ac.uk.