

- We would like to encourage you to be a member of our review meetings (please be aware that this will be guided by your family members/ friends wishes).
- Visiting your family member/ friends both on site and in the community
- Support for you, as a carer, by providing information on local resources for carers
- Each team has a dedicated Carers Champion to advocate for carers needs and provide/ collect information from carers.

Contact details

Please feel free to contact the patients care team or the carer’s champions, on the telephone numbers below:

Asket House
Tel: 0113 855 7070

Asket Croft
Tel: 0113 855 6245

Recovery Centre
Tel: 0113 855 7030

Rehabilitation and Recovery Services
2 Asket Place
Leeds
LS14 1PP
Tel: 0113 855 7030



Visiting times

The visiting times for our services are:

10am until 12pm, 3pm until 5pm and 6pm until 8pm

Don’t forget if you have difficulty attending at these times you can always discuss it with the care team for your family member/ friend and make alternative arrangements. Please let us know if you are visiting with children.

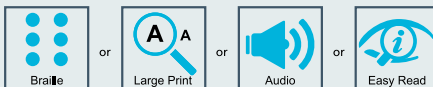
Rehabilitation & Recovery

Information for carers



Would you like this information in an alternative format?

For a translation of this document, an interpreter, a sign language interpretation or a version in:



please contact the Interpretation and Translation Support Team on 0113 85 56418/9 or translation2.lypft@nhs.net

Working in partnership with:





Introduction

The Rehabilitation and Recovery Service is an NHS service that enables people to define, build and live a meaningful, independent and satisfying life. We are dedicated to empowering people with mental health needs to be experts in their own recovery.

Rehabilitation and Recovery Services is based at the Asket Centre and is made up of the following components:

Asket Croft is a 20 bedded mixed community inpatient unit that supports service users in the early stages of their recovery and have a higher level of need.

Asket House is a 16 bedded mixed community inpatient unit that supports service users with a lower level of need and are further on their recovery but still require the 24 hour support provided by the multidisciplinary team.

Recovery Centre Community Service provides support and care coordination to our service users, through the rehabilitation and recovery pathway. The team is a partnership with Leeds MIND, Touchstone and Community Links. This enables a supportive transition for service users through Asket House/ Asket Croft and into the community aiming for sustained improvements in independent living.

What can your family member / friend expect from us?

Support through their recovery journey, working in partnership towards shared goals.

- Support through inpatient and community care
- Encouraging service user involvement
- Support in building confidence in daily living skills such as cooking, shopping

- Signposting to community services
- Offer a range of groups including peer led groups
- Recovery plans and relapse prevention
- Support with smoking, alcohol, and substance use needs
- Offer structure, routine and meaningful activity
- Support with monies and budgeting

Carers support

Carers Leeds

Tel: 0113 380 4300

Email: info@carersleeds.org.uk
www.carersleeds.org.uk

Mind UK

Tel: 0113 3055800
www.mind.org.uk

Connect

Tel: 0808 8001212 6pm onward

Cruise

Tel: 0808 8081677

Samaritans

Tel: 116 123

Welfare Rights

Tel: 0113 3760452

Additional information can be found on line.

What you, as a carer, can expect from us

We value your insight and experience in your unique role as carer. Your involvement is an important part of your family member/friends Recovery.

- We would like to support you to be involved in your family member/friends care, including support with activities.