Background pattern

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Multiagency KUF Awareness Training

Aims

The Knowledge and Understanding Framework (KUF) is a national training program that aims to equip participants with the confidence and skills to work effectively with service users who have a diagnosis of ‘personality disorder’ and complex emotional needs. It is co-delivered by Emerge ‘expert by occupation’ facilitators and ‘expert by experience’ facilitators. Participants will explore national and international information from the field of personality disorder/difficulties, as well as psychological theories, the benefits of relational and reflective practice and gain an invaluable lived experience perspective of the diagnosis and accessing services.

Course and booking info

Multiagency KUF awareness is training is delivered online or face-to-face over three facilitated days. Participants are required to complete online modules prior and in between sessions and to attend all 3 facilitated days in full (9am – 4.30pm).

Email [kuftraining.lypft@nhs.net](mailto:kuftraining.lypft@nhs.net) with enquiries and completed booking forms. Please return the attached booking form at your earliest convenience as demand is high and spaces are limited.

**Training Content**

**Day 2**

Internal working models/Schema

Self harm

Formulation

Reflection

**Day 3**

Emotional containment

Working in teams

Splitting, acting out

and boundaries

Self-care

Embedding learning into practice

**Day 1**

Stigma

Biopsychosocial Model Attachment Theory

Impact of the past on the present Power Threat Meaning Framework

Trauma

Adverse childhood experiences