



## EMERGE Leeds: Complex Emotional Needs Service

# Guidance for staff making a referral to EMERGE Leeds: Complex Emotional Needs Service

(Formerly known as the Leeds Personality Disorder Managed Clinical Network)

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### Where can I find information?

EMERGE Leeds: Complex Emotional Needs Service is the new name for the Personality Disorder Managed Clinical Network (PDMCN). We offer a range of services to people within the city of Leeds. Information about these services can be found on our website or by contacting the team on 0113 8557950. We now have some short films on our website which give a useful oversight of the services. You can also access our service leaflets, which are available to download.

### How do I make a referral?

#### **Care Coordination for young people aged 18-25 years.**

Referrals for Care coordination are accepted from the Community Mental Health Team (CMHT) via the identified care pathway for young people, and will be overseen by the Pathway Practitioners within each CMHT team.

#### **Care Coordination for young people transitioning from Child and Adolescent Mental Health Services (CAMHS)**

Referrals are accepted from the CAMHS Transitions Team subject to discussion and agreement with adult services.

#### **Care Coordination for those aged 25 years and over**

Referrals are from professions only, and in accordance with the criteria as outlined on the referral form.

#### **Journey Group Work Programme**

Service users can refer themselves, or a referral can be made by a professional working with them, using the Journey referral form. If you need any help or

assistance completing the form, want further information about the group or criteria, please contact the team on 0113 8557950.

### **DBT Skills Groups**

Service users can refer themselves, or a referral can be made by a professional working with them, using the DBT city-wide referral form. If you need any help or assistance completing the form, want further information about the group or criteria, please contact the team on 0113 8557950.

### **Referral Forms**

Referral forms for all parts of service are available on our website. Alternatively you can contact the team on 0113 8557950 to request one, or email [pdreferrals.lypft@nhs.net](mailto:pdreferrals.lypft@nhs.net)

### **Carers Groups**

Carers wishing to attend 'Cygnus' – a 6 week psycho-educational group for families and carers - should email [PDcarers.lypft@nhs.net](mailto:PDcarers.lypft@nhs.net) or contact the office on 0113 85 57950 to book a place on the course. There is no referral form to complete.

There is also a regular peer support group for families and carers called 'Andromeda'. As above, please contact [PDcarers.lypft@nhs.net](mailto:PDcarers.lypft@nhs.net) or the office on 0113 8557950. There is no referral form to complete.

## **What happens after I make a referral?**

Referral forms received are discussed by the team weekly. The team considers each referral and agrees on an outcome and a plan to contact the referrer. If it is felt from the information provided that a different service or group within EMERGE Leeds may be more appropriate than the one referred to, this will be discussed with the referrer. We may conclude that we are not the right service to help some individuals with their difficulties at the time of the referral. Where this is the case we will seek to make alternative recommendations to support the service user to access appropriate help.

We will try and contact you as promptly as we can to let you know the outcome of your referral. We aim to do this within 2-3 weeks. We are not an urgent or emergency service. If more immediate mental health support is needed go to <https://www.leedsandYorkpft.nhs.uk/contact-us/urgent-referrals/> for information and advice regarding how to make a referral.

## **Is anything else required?**

For professionals making a referral to the service please be aware we may contact you for further information if this is felt needed. Please try to get back in touch promptly to avoid unnecessary delays in processing referrals.

**For all referrals** please provide a completed referral form. It is helpful to provide a copy of a risk assessment where one is available. Please ensure all parts of the form are completed including the demographic details which are a requirement as part of the NHS minimum data set.

**For all referrals from professionals within LYPFT**, there should be an up to date FACE risk assessment (completed within the last 3 months) available on Care Director.

Referrers need to refer to the appropriate team on Care Director (see below) **and** complete a referral form for the relevant part of the service (care co-ordination, DBT, Journey).

To refer on Care Director please use the relevant team name for the service being referred to. These are:

EMERGE Leeds  
EMERGE Leeds Journey  
EMERGE Leeds DBT

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