



Aug / Sept 2021

We're delighted to be writing to you with all the latest developments in our new service for young people, and the exciting progress on the wonderful inpatient home for the service, Red Kite View.

West Yorkshire Children and Young People's Mental Health Service (formerly known as CAMHS and now CYPMHS) is developing a new approach to working seamlessly with the community for the benefit of our young service users. Operations Manager Nik Lee writes about it in this issue.

In August we buried a time capsule to celebrate both the future and commemorate the past of this service - you can read more about it further on.

There's a lot to read in this newsletter – please encourage anyone you know who would find it useful to subscribe at <u>communications.lypft@nhs.net</u>

Still on track to Red Kite View handover!

See where we are in our project roadmap below:



Red Kite View 'Not just a building'

By Nik Lee, Operational Manager

I'm a mental health nurse by background and I've worked in mental health and learning disability services since I was 18. I started out as a support worker with adults with severe learning disabilities and as a healthcare assistant on the wards but working with young people was my passion as I understood what they were going through.

In college I completed an NHS cadetship before taking my nursing diploma and I worked my way up to senior clinical and management positions across a range of inpatient and community CYPMHS services.



I moved into management so that I could be part of making change while also completing a degree in child and adolescent mental health, and currently a master's in management practice and business. I'm looking forward to managing the inpatient service at Red Kite View when it opens in December.

Since qualifying I've always worked in CYPMHS as I think it's the place you can make the most difference, and despite the constant challenges I still believe that.

I've been involved in the project for around 18 months, helping develop the PICU – psychiatric intensive care unit - and some of the clinical pathways and other areas have really progressed in that time.

There is a lot of work going on with the team as we roll out the training plan, recruit to key posts, develop both our clinical model and the team, and review our policies and procedures, in preparation to care for 22 young people across the GAU – general acute unit - and PICU.

Our aim is to be an outstanding service and a centre of excellence. That is not easy to achieve but is something we are committed to. We need to ensure that our clinical care is of high quality and that we are at the forefront of research and development in children and young people's mental health, linking with local universities and partner agencies.

We also want to influence community CYPMHS across West Yorkshire and change the function of inpatient admissions. They should be an extension of community work and not a

separate intervention, and we have a real opportunity to embed that with Red Kite View and the 'Provider Collaborative'.

Our CYPMHS Provider Collaborative is part of a collaboration between our West Yorkshire NHS Mental Health, Learning Disability and Autism providers. These are Bradford District Care NHS Foundation Trust, Leeds Community Healthcare NHS Trust, Leeds and York Partnership NHS Foundation Trust, and South West Yorkshire Partnership NHS Foundation Trust.

The CYPMHS collaborative is led by LYPFT on behalf of colleagues and means that we in West Yorkshire will take responsibility for commissioning and providing specialised CYPMH services locally, rather than regionally by NHS England. Read more about <u>Provider</u> <u>Collaboratives</u> on the West Yorkshire Integrated Care System website.

This shift in commissioning structure will put Red Kite View at the centre of those services in supporting some of our most complex and challenging young people. We have a responsibility not just to provide excellent care on the unit, but also to ensure that care is continued in the community so that admissions are not prolonged and hopefully not repeated.

These are lofty ambitions, especially in these difficult times, with such an increase in mental health problems regionally and nationally and especially for those requiring an admission. Ultimately, we want to reduce the need for inpatient care and reinvest in the community where young people should be, living their lives and thriving.

As Dawn Hanwell, our Deputy Chief Executive, said in the previous issue of this newsletter: 'We're doing this for the kids.' Red Kite View is more than just a building. My focus is ensuring we have the best service for children, young people and families across West Yorkshire.



Latest aerial footage and images

Check out the latest aerial footage along with stunning new images of the site which show how the build of Red Kite View is progressing. With thanks to <u>Mark Zaccaria Aerial Photography</u>.

You can view the latest footage on our YouTube channel. https://youtu.be/ZUbD264CBlw

Taking some thought to go back to the future!

Young people created a range of colourful and moving objects which were buried in a time capsule at the Red Kite View site.

Mementoes were created by service users to mark the past and celebrate the future of the service. They included a staff 'family tree', painted Covid face masks, and even a record of the Euros.



Dawn Hanwell, Deputy Chief Executive of the Trust, said: "This building and this service is all about young people, and so it's very appropriate that they should have chosen the items in the capsule. The objects are a thoughtful and very touching representation of how our



young service users see how we our work with them."

Seen top right are Dawn Hanwell and Operations Manager Nik Lee; in the bottom picture they are joined from left by Emma Lovelady, project support officer, Lucy Heffron, organisational development lead, communications and engagement, and Pat Young, programme manager.

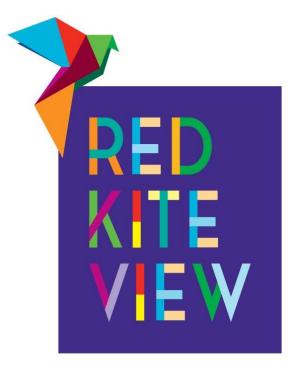
Read more about the items our young people created for the <u>Time Capsule</u>.

Sign of the times

Here's an early first glimpse of the distinctive and colourful imagery selected from three versions by our young service users for the branding and signage around Red Kite View.

It carries the outline of a red kite – again following consultation with residents at both York's Mill Lodge, Leeds' Little Woodhouse Hall, and Youth Board members.

Emma Inman, the Workstream Lead for Art, Branding & Interior Design & Art Psychotherapist, worked with our service users to devise and make their choice of the final branding options. She said: "Young people's views have been



collected from the conception of this service, and we want to ensure we keep those perspectives active throughout the project. We have also collected views from families and other children and young people's services."



Our local jobs for local folks

A campaign aimed at recruiting local people from Armley and Lower Wortley for entry level posts for Red Kite View has proved a great success with over 100 people applying for the 25 vacancies available.

Armley has one of the highest unemployment rates in Leeds, and the Trust, which has made a commitment to help narrow employment inequality there, offered potential staff the first chance to apply for support worker posts in a major recruitment campaign launched in July.

Hannah Cressey, Workforce Lead for Red Kite View, said: "Everyone was really engaged, and enthusiastic about the unit and role, so I hope this will help with retention in the long-term."

Nik Lee, Operational Manager, Red Kite View, added: "We are offering the chance to make a career in the NHS, not just a job. The Trust will nurture and support people who want to progress."

Over half of all posts in Red Kite View have been appointed, with senior nursing and psychology posts now fully recruited and our key leadership positions appointed.



On site update from our construction partners Tilbury Douglas

You can now download the <u>August 2021</u> <u>newsletter</u> from Tilbury Douglas (formerly known as Interserve Construction Ltd) with updates on what's been happening on site, and what work is coming up.

Find out more about Red Kite View and CYPMS on our website.

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