**GUIDELINES FOR PRE-REFFERAL SCREEN**

**FEMALE**

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| **Description of psychosexual problem** | **Guideline for pre-referral screen** |
| **Vaginismus** | * Please carry out an examination of the vagina and vulva to assess the extent of the problem and to exclude any organic cause. |
| **Dyspareunia** | * As above, after excluding infection, gynaecological causes and other physical problems. |
| **Anorgasmia** | * Please check thyroid function, full blood count and HbA1c. |
| **Sexual interest and arousal disorder** | * Please check thyroid function, full blood count, HbA1c, urea and electrolytes and liver function tests. * If the patient reports amenorrhoea or oligomenorrhoea also check: total and free testosterone levels, SHBG, FSH, LH and prolactin. |