

Andromeda - online

A Peer Support Group for family, friends and supporters of people with a personality disorder

Our carers support group will offer you an opportunity to chat and share experiences with other carers, to get information and advice, and to focus on your wellbeing as carers.

Day	Third Thursday of every month, 5.30pm-7pm
2020 Dates	19 August, 16 September, 21 October, 18 November, 16 December
Venue	Zoom - contact us for your Zoom invite

For more information, contact:
PDcarers.lypft@nhs.net

Or check out our website:
[www.leedsandyorkpft.nhs.net/
our-services/personality-disorder-
managed-clinical-network](http://www.leedsandyorkpft.nhs.net/our-services/personality-disorder-managed-clinical-network)

Carers Leeds in partnership with
Leeds Personality Disorder Clinical Network