**NHS gambling addiction service for the North of England**

The [NHS Northern Gambling Service](https://www.leedsandyorkpft.nhs.uk/our-services/northern-gambling-service/) offers treatment and support to the thousands of adults struggling with gambling addiction across the North of England.

In England\* around 224,000 adults (0.4% of the population) are classified as higher risk problem gamblers, with around two million (3.6%) classified as being “at risk” from developing a serious gambling problem. However, fewer than three per cent of those affected currently receive treatment or support.

The NHS Northern Gambling Service provides care for those with severe addictions, and treatment and support for people with:

* additional and complex mental health conditions,
* impaired social functioning, and
* those who may present with more risk - such as a risk of suicide.

People can get support through psychological therapies, addiction treatment programmes, mental health treatment, family therapy and peer support from those whose lives have already been adversely affected by gambling. The Service can also offer dedicated support to family members and carers of those affected by problem gambling.

The NHS Northern Gambling Service has clinics in Leeds, Sunderland and Manchester. It accepts referrals directly from individuals or health and care professionals. [Visit their website to find out more](https://www.leedsandyorkpft.nhs.uk/our-services/services-list/northern-gambling-service/) or:

* Email them at [referral.ngs@nhs.net](mailto:referral.ngs@nhs.net)
* Call them on 0300 3001490

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