

Crisis Assessment Unit

Patient Information

This leaflet will provide you with information about the Crisis Assessment Unit (CAU).

Further details are available in the file in your room.





What is the Crisis Assessment Unit?

The CAU is predominantly an assessment unit with overnight facilities for service users aged 18 years or over, who are experiencing an acute and complex mental health crisis, and require a short period of assessment and treatment.

It provides the opportunity for further assessment in a safe environment and allows time and space to explore your current difficulties in more depth.

Your time at CAU can be mixed with your regular activities and time at home.

What help is available?

The unit provides assessment rooms and overnight facilities for up to six service users in single sex accommodation areas. Each day you will be allocated a worker who will develop a care plan with you, depending on your immediate and longer term needs.

We will try to help you develop your self-management skills, with a variety of interventions including coping strategies, anxiety management and advice on reducing harm from drug and alcohol use.

Family members/carers will be involved in this process with your permission, wherever possible. If it is appropriate, existing treatments, including medications, can be reviewed.

We will help you plan what type of support may be needed at the end of the assessment period. This could range from any number of options from an inpatient admission, referral to other community mental health support or further support from your GP.



The team consists of:

- Mental health nurses
- Occupational therapists
- Approved mental health practitioners
- Social workers
- Psychiatrists
- Support workers
- Harm reduction workers (drugs and alcohol)

Patient Choice

If you prefer to work with either a male or female member of staff, wish to have someone with you (family, carer, friend), or feel you require an interpreter, please let us know and we will do our best to meet this need where possible.

Consent and Confidentiality

The team members you see are bound by professional and national codes of confidentiality that allow the sharing of information within the team and with your GP. Other than this, the only occasions when information can be shared are:

- if you consent
- if there is a significant risk to yourself or someone else
- if we are required to do so by law

Where possible we will inform you if we need to share information.

Please ask

Like all information leaflets, this is only intended to give you the basics. Please ask if there is anything you don't understand or would like explained.

Feedback about our service

We are committed to providing the best service we can and we value your feedback. Comments, thanks or complaints can be made to any member of the team.

Please be reminded that, like the rest of The Becklin Centre, the CAU is a smokefree environment.

Thank you

Contacts

Tel: **0113 85 56717** or **85 56718**

Patient Advice and Liaison Service

Mon-Fri 9am-5pm

0800 0525790/0113 3056620

Email: pals.lypft@nhs.net

Compliments and Complaints

Crisis Assessment Service Manager


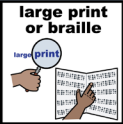

0113 85 56683

Complaints Department



0113 85 55955

Email: complaints.lypft@nhs.net

We can offer you this information in:

<p>other languages</p> 	<p>large print or braille</p> 	<p>audio</p> 
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Please contact Interpretation and Translation Support Team:

 **0113 8556418/9**  translation.lypft@nhs.net