

Personalities in Action

The Involvement Group for Leeds
Personality Disorder Clinical Network





Who are we?

Personalities in Action is the service user involvement group for Leeds Personality Disorder Clinical Network. It is a friendly group that meets on the third Tuesday of every month.

Members of the group all have lived experience of personality disorder and have used mental health services provided by Leeds and York Partnership NHS Foundation Trust.

The group is informal and friendly and encourages people to express their views, share their experiences, explore what works well in the network and in our Trust and provide valuable feedback around areas which may need improvement.

Why do we meet

We meet because our members, both staff and service users, have an interest in working within Leeds Personality Disorder Clinical Network. Coming together provides us with the opportunity to:

- ensure service users have a voice within our network
- share views, opinions and feedback on both our services and our involvement opportunities
- increase confidence and self-esteem
- stay connected with other people who understand personality disorder and who may have had similar experiences
- empower new service users to feel part of a supportive community



How does the group help others?

The Service User involvement Group allows us to ensure that we work collaboratively across Leeds Personality Disorder Clinical Network to provide the best experience for service users.

The first hand experiences of our service users are useful in understanding what is working well and what we could improve and what we learn from the group is put into practice within our service and more widely across our Trust.

Members of the group have the opportunity to get involved in:

- representing other service users at our clinical governance meetings, conferences and events
- take part in our service user satisfaction survey
- review our literature such as letters and leaflets and offer suggestions of where we could improve them
- take part in research and evaluation
- developing and contributing to our service user involvement website



When and where do we meet?

The group meets on the third Tuesday of every month at either Leeds Civic Hall (mornings) or at Forward Leeds (evenings).

Meetings will take place at the following dates and venues in 2020:

Leeds Civic Hall Calverley Street, Leeds LS1 1UR (near Millennium Square)

21 Jan 10.30am - 12.30pm

18 Feb 10.30am - 12.30pm

17 March 10.30am - 12.30pm

19 May 10.30am - 12.30pm

21 July 10.30am - 12.30pm

15 Sept 10.30am - 12.30pm

20 Oct 10.30am - 12.30pm

17 Nov 10.30am - 12.30pm

15 Dec 10.30am - 12.30pm

Forward Leeds Kirkgate, Leeds LS2 7DJ (near Leeds Minster)

21 April 5 - 7pm

16 June 5 - 7pm

18 Aug 5 - 7pm

Refreshments provided at all meetings. Travel expenses can be reimbursed, you'll just need to provide your ticket or receipt.

Further information

For more information please contact:

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Service User Consultant

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or

Ruth Sutherland

Involvement Lead

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More information about the involvement with the PD Network is available on our website:

www.leedsandyorkpft.nhs.uk/our-services/personality-disorder-managed-clinical-network

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