

### When and where do we meet?

The group meets on the third Tuesday of every month from 10.30am – 12.30pm in Committee Room 3 at Leeds Civic Hall, Calverley Street, Leeds, LS1 1UR (near Millennium Square).



Meetings will take place on the following dates throughout 2019:

January	15
February	19
March	19
April	16
May	21
June	18
July	16
August	20
September	17
October	15
November	19
December	17

Becoming a member of the group is voluntary and travel expenses can be reimbursed, you'll just need to provide your ticket or receipt.

### Further information

For more information please contact:

#### Sue Hill

Service User Consultant

Tel: 07970 905114

Email: [susan.hill26@nhs.net](mailto:susan.hill26@nhs.net)  
(available Tuesdays only)

or

#### Ruth Sutherland

Involvement Lead

Tel: 0113 855 7950

Email: [PDInvolvement.lypft@nhs.net](mailto:PDInvolvement.lypft@nhs.net)

More information about involvement with the PD Network is available on our website: [www.leedsandyorkpft.nhs.uk/our-services/personality-disorder-managed-clinical-network](http://www.leedsandyorkpft.nhs.uk/our-services/personality-disorder-managed-clinical-network)

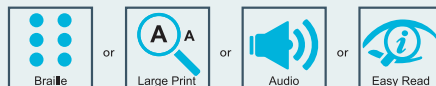
## Personalities in Action

The Involvement Group for Leeds Personality Disorder Clinical Network



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### Who are we?

Personalities in Action is the service user involvement group for Leeds Personality Disorder Clinical Network. It is a friendly group that meets every third Tuesday at Leeds Civic Hall.

Members of the group all have lived experience of personality disorder and have used mental health services provided by Leeds and York Partnership NHS Foundation Trust.

The group is informal and friendly and encourages people to express their views, share their experiences, explore what works well in the network and in our Trust and provide valuable feedback around areas which may need improvement.

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### Why do we meet?

We meet because our members, both staff and service users, have an interest in working within Leeds Personality Disorder Clinical Network. Coming together provides us with the opportunity to:

- ensure service users have a voice within our network
- share views, opinions and feedback on both our services and our involvement opportunities
- increase confidence and self-esteem
- stay connected with other people who understand personality disorder and who may have had similar experiences
- empower new service users to feel part of a supportive community

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### How does the group help others?

The Service User Involvement Group allows us to ensure that we work collaboratively across Leeds Personality Disorder Clinical Network to provide the best experience for service users.

The first hand experiences of our service users are useful in understanding what is working well and what we could improve and what we learn from the group is put into practice within our service and more widely across our Trust.

Members of the group have the opportunity to get involved in:

- representing other service users at our clinical governance meetings, conferences and events
- take part in our service user satisfaction survey
- review our literature such as letters and leaflets and offer suggestions of where we could improve them
- take part in research and evaluation
- developing and contributing to our service user involvement website

