NHS
Leeds and York Partnership
NHS Foundation Trust

Do you care for or support someone with a Personality Disorder?

Then this group is for you.

The course lasts for six weeks and each week we will focus and build on a variety of topics, including:

- What is personality disorder?
- What helps someone who experiences personality disorder?
- Ways of offering support to someone who experiences personality disorder

We advise that you attend all six sessions to get the most out of the course.

The next course will be at Lovell Park in February.

Group 3	Thursday afternoons from 8 February 2018 - 15 March 2018, 1.00pm - 3.00pm Lovell Park Centre, Wintoun Street, LS7 1DA

For further information or to book your place, please contact **Ruth Sutherland** or **Clare Conlon** on **0113 8557951,** or email **PDCarers.lypft@nhs.net**