**Younger people with dementia inclusion and exclusion criteria**  
Each category below has a brief overview of relevant information and exclusion rationale. **Cognition and daily functioning:**  
In order for the service to offer an initial assessment appointment, a service user must have experienced evidential changes in cognition and impact on daily functioning (such as managing finances, medication, self care and appliances) for a minimum period of six months, which should be reflected in the referral.

**Alcohol:**Service users with a history of excessive alcohol consumption must be abstinent for a minimum six month period prior to referral to the service. Referrals are considered for those who consume alcohol within the recommended limits with no such previous history. Within your referral please include information on alcohol consumption in units.

**Substance misuse:**Service users with a history of substance misuse must be abstinent for a minimum six month period prior to referral to the service. Service users who infrequently misuse substances are sometimes accepted by the service if their change in presentation does not correlate with the time of consumption.

**Head injury:**An initial assessment may not be offered to service users who have experienced a traumatic head or brain injury in the last 12 months. However, they would be if relevant difficulties remain 12 months after the head injury incident. Prior to referral into the service we ask referrers to take the necessary steps to exclude the impact of the head injury before referring into the service.

**Recent stroke:**Service users will not usually be offered an initial assessment if they have experienced a stroke within six months of the referral. We would recommend progress be monitored and referral to the service be considered after a six month period if dementia is still suspected.

**Delirium:**   
The team will not offer an initial assessment to a service user who is thought to be experiencing delirium. If delirium has been excluded or treated successfully, please refer to the service if you still suspect dementia.

**Anxiety, depression or mood disorder:**Where possible, the team would advise referrers to address any issues the service user has with anxiety, depression or mood disorders prior to referring to the service. This is unless the service user has a family history of young onset dementia.

The Younger People with Dementia referral form can be found on the Memory Service, Younger People with Dementia and Memory Support Worker Teams webpage.