

Frequently asked questions

1. How long will my admission last?

An average admission lasts 8 to 10 weeks. However the length of your admission is individual to your needs and treatment programme and will be reviewed with you by the team on a weekly basis.

2. What are the visiting times?

The visiting times on the unit are from 2pm to 4pm and 6pm to 8pm.

3. Are children allowed on the ward?

We welcome children to visit patients on the unit, however children should be accompanied and supervised by a visiting parent/adult at all times.

4. Will I be able to go home on leave?

As a team we try to enable patients to have home leave. The amount and frequency of home leave will be reviewed with you and the multi-disciplinary team on a weekly basis.

5. Do I need to bring in my own medications?

Patients are required to provide staff at NICPM with their current medication on admission. These medications will be kept in the clinic room and will be dispensed by nursing staff. Medication will be dispensed by the nursing staff during the day at set times of 9am, 1pm, 6pm and 10pm.

6. Am I free to leave the ward as I please?

The ward is not a locked ward and patients are able to leave the ward but it is very important that staff know the whereabouts of all patients for safety purposes. This should be discussed so it does not impact on the individual rehabilitation plan which includes the group programme etc.

7. Are there laundry facilities on the ward?

A washing machine is available on the unit for patients, with washing powder provided. An iron, ironing board and clothes airers are also available.

8. Are there set meal times?

Due to its service being part of a large teaching hospital meal times are fixed at 12.30 for lunch and 5pm for the evening meal. Breakfast is available from 8am to 9:30am with snacks available throughout the day if required.





9. Are my dietary needs catered for?

Patients have a range of menus to choose from dependant on their specific dietary needs. We endeavour to support patients in accessing appropriate food/meals to benefit their rehabilitation and recovery.

10. Are linen and towels provided?

The ward provides linen and towels however patients are welcome to bring in their own bedding if they wish.

11. Is this a mixed facility ward?

Yes the Centre is a small, specialist and mixed gender unit.

12. Can I smoke?

Smoking is only permitted outside the hospital grounds between the hours of 7am to 11pm. Patients are expected to make their own way outside to the nearest entrance where smoking is permitted.

13. Will I share a room?

No. Patients are provided with their own individual bedroom with a sink. Bedrooms are furnished with an electric profiling bed, wardrobe, bedside cabinet, table and armchair.

14. Can I bring a laptop or other electrical items?

Patients can bring in small electrical items such as a laptop or radio to make their stay more comfortable.

15. Are mobile phones permitted on the ward?

The use of mobile phones is permitted on the unit. We request that mobile phones be turned off during sessions with staff and during therapeutic groups.

16. Is there internet access?

The unit does not currently provide Wi-Fi internet access for patients. Patients may wish to make their own arrangements with an appropriate provider.



17. Do you have an interpreter service?

The ward is able to organise an interpreter service whenever needed.

We can offer you this information in:

<p>other languages</p>	<p>large print or braille</p>	<p>audio</p>
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Please contact Interpretation and Translation Support Team:

 **0113 8556418/9**  translation.lypft@nhs.net