

### Contact us

Lancashire Gender Outreach Workers are based at:

#### Lancashire LGBT

Preston

Tel: 07989 412742

Tel: 07788 295521

[www.lancslgbt.org.uk](http://www.lancslgbt.org.uk)

#### Renaissance UK

Blackpool

Tel: 07973 638119

Tel: 01253 311431

[www.ren-uk.com](http://www.ren-uk.com)

You can also email [genderoutreachworker.lypft@nhs.net](mailto:genderoutreachworker.lypft@nhs.net)

For general queries regarding your Leeds GIS referral contact:

Tel: 0113 855 6346 Email: [gid.lypft@nhs.net](mailto:gid.lypft@nhs.net)

The Leeds GIS web page contains information about the service and waiting times

[www.leedsandyorkpft.nhs.uk](http://www.leedsandyorkpft.nhs.uk)

[facebook.com/lancashirelgbt](https://facebook.com/lancashirelgbt)

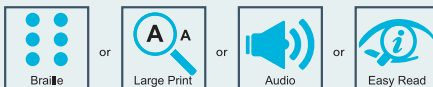
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# Lancashire Gender Outreach Workers

Supporting trans, non-binary and gender non-conforming adults on the Leeds Gender Identity Service waiting list from BB, FY, LA and PR post code areas.





You may have many questions. You may have heard conflicting information. You might want someone to talk to. Lancashire Gender Outreach Workers are here to offer one to one sessions, drop in space and peer support groups in your area.

### **Drop-in sessions**

Our drop-in sessions aim to be friendly and informal. Sessions will provide you with an opportunity to share your thoughts and feelings with workers who have knowledge of the Leeds GIS Care Pathway. We are not counsellors, but it sometimes helps to speak to people with lived experience.

### **Peer support and social groups**

We are developing groups in your area. People tell us that groups can be a good way of accessing support from peers who share similar lived experience. Groups can provide an opportunity to receive support or just listen to other people's journeys and life experience. You can take things at your own pace and involve yourself as much as you want.

### **1-2-1 support sessions**

We can offer one to one support sessions whilst you wait for your first assessment appointment at Leeds GIS. Sessions can be face to face or over the telephone. Feel free to ask questions, seek information about Leeds GIS, or simply take the opportunity to speak to someone with personal lived experience. We can provide support, signposting and information you feel you may need.

### **Who we are**

The Lancashire Gender Outreach Workers aim to support Leeds GIS clients waiting for their first assessment. We are pleased to be involved in this new initiative to bring Gender Outreach to the North West in partnership with Leeds GIS, Lancashire LGBT and Renaissance UK. We hope

that our lived experience, drop-ins and groups can provide support to trans, non-binary and gender non-conforming people regardless of stage in transition. Get in touch and help us shape our drop-ins and groups to support you.

