



Involvement Opportunities

Expert advisors needed in the Adult Mental Health team

The closing date for applications is Wednesday 10 March at 11:59 PM

Our ambition is for patients, carers and the public to be at the heart of everything we do. We believe that by involving and coproducing with people who use and care about mental health services, we can understand their diverse health needs better and focus on what matters to them. We can also improve patient safety, patient experience and health outcomes and support people to live healthier lives.

The Adult Mental Health Team at NHS England and NHS Improvement are looking to recruit a number of Expert Advisors to be part of an Advisory Network to help shape, influence and develop policy work within the adult mental health programme.

The Adult Mental Health Advisory Network has three main objectives:

1. Provide a lived experience perspective by sharing experiences, ideas and feedback
2. Review, challenge, advise and contribute to draft material
3. To help influence, shape and identify the right national priorities for the team to focus on, to support delivery of the NHS Long Term Plan

We encourage applications from both carers and people with lived experience of a range of mental health experiences/diagnoses, as well as those with both mental health and physical health needs. We are also very committed to promoting diversity and equality of opportunity for all. We therefore encourage applications from individuals from all backgrounds, particularly people from Black, Asian Minority Ethnic (BAME) communities, people from LGBTQIA+ communities and people with a co-occurring physical disability, learning disability or autism.

Please see the [information pack](#) for further details on what the Expert Advisor role entails, and the required skills and experience.

To apply for this exciting opportunity, please complete the [Application Form and Equality Opportunity Monitoring Form](#). Alternatively, if this form does not work for you, please complete the Word document [Application Form and Equal Opportunities Monitoring form](#) and return it by email to laura.tyrrell1@nhs.net.

Using your lived experience and getting involved

Thursday, 11th March 2021 at 10am – noon on Zoom

The next course prep – Using your Lived Experience and Getting Involved meeting is scheduled for Thursday, 11 March 10 am – 12pm on Zoom. If you are interested in being involved please contact Helen Thompson on helen.thompson36@nhs.net or the Patient and Carer Experience Team on **0113 855 6840** or patientexperience.lypft@nhs.net

SUN Spotlight on service with LYPFT's Crisis Resolution and Intensive Support Service (CRISS)

Thursday, 18th March at 10 am – 11 am on Zoom

Come along to this open event and find out more about LYPFT Crisis Resolution and Intensive Support Service (CRISS), Judith Barnes, Operational manager will be explaining about the service and answering questions. All service users and carers are welcome to attend.

Here are the Zoom details to join:

<https://us02web.zoom.us/j/82772870844?pwd=Z3hQcXl6YldJTzZQT3JyeHhSdmJ2UT09>

Meeting ID: 827 7287 0844

Passcode: r0tAau

Using a telephone: Call 0203 481 5240

Meeting ID: 827 7287 0844

Passcode: 742634

Your voice – your mental Health

Thursday 22, April 2021 on Zoom

Morning session: 11 am-1
pm

Meeting ID: 837 7858 6285

Passcode: 259315

Afternoon session: 6pm-
8pm

Meeting ID: 820 7155

5767

Passcode: 703884

Do you feel like your mental health can be a barrier to you getting involved and trying new things? Do you feel that mental health services could be changed or improved? If yes then you are perfect for a new project to be involved in—we are looking for people like you to have a voice and help improve mental health services across the city. Come along to our event and learn how you can be involved and hear about the free training we are offering to support you.

Register your place here: [https:// www.eventbrite.co.uk/e/your-voicemental-health-tickets-138239238283](https://www.eventbrite.co.uk/e/your-voicemental-health-tickets-138239238283)

For more information about the Your Voice event please contact info@leedsinvolvement.org.uk or patientexperience.lypft@nhs.net

Available free courses - Leeds Recovery College



Leeds Recovery College has some great courses available, which are **free** to attend. To enrol and book a course is simple and easy. You will need to complete a [Recovery College enrolment form](#) and email it to leedsrecoverycollege.lypft@nhs.net. The Recovery College can also send you the enrolment form through the post, or if you **call them on 0113 855 5127**, they can complete the enrolment form with you over the phone.

Below are 7 available courses. Please click on the links if you wish to attend any of these sessions. Once you return the enrolment form to the administration team, you will then receive the Zoom link to access the course (s).

<https://www.eventbrite.co.uk/e/141406838661> - **Creativity Recovery and you: Still life drawing made easy (8 places)**

<https://www.eventbrite.co.uk/e/141410880751> - **Creativity, Recovery and You – Simple Sculptures (8 places)**

<https://www.eventbrite.co.uk/e/133736558647> - **Let's talk about: how to refuel when I don't have an appetite (7 places)**

<https://www.eventbrite.co.uk/e/132070206543> - **Using your lived experience and getting involved (3 places)**

<https://www.eventbrite.co.uk/e/133707555899> - **Let's talk about self-harm (4 places)**

<https://www.eventbrite.co.uk/e/133085100117> - **Let's talk about: medication and mental health (2 places)**