

# **Dementia Action Week 2018**

Monday 21 to Sunday 27 May

# It's time to unite and take action on dementia.

The goal of Dementia Action Week is to encourage people to take action to improve the lives of those affected by dementia, working to create a dementia-friendly UK where those with dementia do not feel excluded.

There are 850,000 people in the UK who are affected by dementia, and it does not just affect older people, 40,000 people in the UK under the age of 65 suffer from early onset dementia.

Information stands will be on display throughout the Trust and staff will be at locations across the city during the week, so please come along to learn more about dementia and support this important cause.

#### Saturday 19 May 9am to 12.30pm Oakwood Farmers Market,

Oakwood Clock, Roundhay Park Meet with members of the Memory Services and Memory Support Worker Teams to find out more about what's on offer in the local area for people with dementia. Email belindaconnolly@nhs.net for more information.

#### Monday 21 May 9.30am to 10.30am

Millfield House, Kirk Lane, Yeadon, Leeds, LS19 7LX Dementia Friends Training a teaching session aimed at challenging perceptions of dementia and looking at how we can all help. Email christine. roworthgaunt@nhs.net to book a place.

#### 11.30am to 12.30pm Healthy Living Service, Becklin Centre, Alma Street, Leeds, LS9 7BE

Dementia Friends Training a teaching session aimed at challenging perceptions of dementia and looking at how we can all help. Email nicky. needham@nhs.net to book a place.

#### 2pm to 3pm

Group Room 3, The Mount, 44 Hyde Terrace, Leeds, LS2 9LN Dementia Friends Training a teaching session aimed at challenging perceptions of dementia and looking at how we can all help. Email **nicky.needham@nhs.net** to book a place.

#### Tuesday 22 May All day

**Reception, The Becklin Centre, Alma Street, Leeds, LS9 7BE** Cake sale with funds going to dementia charities.

## 9.30am to 12.30pm

Otley Core Resource Centre, Unit 11 Orchard Gate, Otley, LS21 3NX Meet with members of the Memory Services and Memory Support Worker Teams to find out more about dementia and what's on offer in the local area for people with dementia and their carers.

#### 10am to 12pm

South Leeds Live at Home Scheme, 1-3 St Andrews Church, Old Lane, Leeds, LS11 7AG Learn more about dementia and meet with members of the Memory Services Team.

#### 10am to 4pm

### Morrisons, 89 Otley Rd, Guiseley, Leeds, LS20 8AW

Meet with doctors, nurses, occupational therapists and pharmacists from the Memory Services Team to find out more about dementia and what's on offer in the local area for people with dementia and their carers.

### 12pm to 1pm

Linden House, St Mary's Hospital, Green Hill Rd, Leeds, LS12 3QE Dementia Friends Training a teaching session aimed at challenging perceptions of dementia and looking at how we can all help. Email christine. roworthgaunt@nhs.net to book a place.

## Wednesday 23 May 10.30am to 1.30pm

Lidget Lane Community Centre, Lidgett Lane, Roundhay, LS17 6QP Join our pharmacists, members of the Memory Services and Memory Support Worker Teams for a range of activities including a reminiscence session from 10.30am to 11.30am, a reminiscence and carer support session from 11.45am to 12.30pm, and lunch from 12.30pm to 1.30pm.Email belindaconnolly@ nhs.net for more information.

#### 1pm to 2pm

### St Mary's House, St Martins View, Leeds, LS7 3LA

Dementia Friends Training a teaching session aimed at challenging perceptions of dementia and looking at how we can all help. Email christine. roworthgaunt@nhs.net to book a place.

### 1pm to 3pm

South Leeds Live at Home Scheme, 1-3 St Andrews Church, Old Lane, Leeds, LS11 7AG Meet with members of the Memory Services, Memory Support Workers and Research and Development Teams to find out more about dementia and opportunities to get involved in dementia-related research. Email alison.leason@nhs.net for more information.

#### Thursday 24 May 10am to 12pm Headingley Enterprise and Arts

# Centre (HEART), Bennett Road, Leeds, LS6 3HN

Dementia research session - open to people who have taken part in dementia research and memory staff who have supported studies. This event will share results from dementia research projects that have taken place in the Trust and provide an opportunity to hear about new dementia research projects we are currently running. Email research.lypft@nhs.net to book a place.

## 10am to 4pm

### ASDA, Owlcotes Shopping Centre, Stanningley By-Pass, Pudsey, Leeds, LS28 6AR

Meet with members of the Memory Services and Memory Support Worker Teams to find out more about dementia and what's on offer in the local area for people with dementia and their carers.

### 12.30pm to 1.30pm

Aire Court Community Unit, Lingwell Grove, Leeds, LS10 4BS Dementia Friends Training a teaching session aimed at challenging perceptions of dementia and looking at how we can all help. Email nicky. needham@nhs.net to book a place.

### 2pm to 4pm

Headingley Enterprise and Arts Centre (HEART), Bennett Road, Leeds, LS6 3HN Dementia research session - open to people who have taken part in dementia research and memory staff who have supported studies. This event will share results from dementia research projects that have taken place in the Trust and provide an opportunity to hear about new dementia research projects we are currently running. Email **research.lypft@nhs.net** to book a place.

#### 2pm to 3pm

Memory Lane, The Convent, Cemetery Road, Yeadon, LS19 7UR Carer group meeting - meet with doctors and nurses from the Memory Services and Memory Support Worker Teams to find out more about dementia and receive advice and support as a carer of someone with dementia.

## Friday 25 May

9.30am to 11.30am Cross Gates and District Good Neighbours Scheme, Station Road, Leeds, LS15 7JY Coffee morning drop-in and an opportunity to meet with doctors and nurses from the Memory Services and Memory Support Worker Teams to learn more about dementia. Email tessa. atkinson@nhs.net for more information.

#### 10am to 4pm

Community Hub, 4th Floor John Lewis, Victoria Gate, Harewood St, Leeds, LS2 7AR

Meet with nurses and pharmacists from the Memory Services and

Memory Support Worker Teams to find out more about dementia.

# 1pm to 3.30pm

Yeadon Town Hall, High St, Yeadon, Leeds, LS19 7PP

Live musical entertainment and an opportunity to meet with doctors, nurses and occupational therapists from the Memory Services Team to find out more about dementia.

#### 2pm to 3pm

Cross Gates and District Good Neighbours Scheme, Station Road, Leeds, LS15 7JY

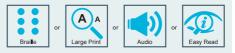
Basic dementia awareness training and information and advice about dementia from members of the Memory Services and Memory Support Worker Teams. Email tessa.atkinson@nhs. net for more information.

#### 2pm to 3pm Group Room 3, The Mount,

44 Hyde Terrace, Leeds, LS2 9LN

Dementia Friends Training a teaching session aimed at challenging perceptions of dementia and looking at how we can all help. Email nicky. needham@nhs.net to book a place.

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