

# Do you care for or support someone with a Personality Disorder?

## Then this group is for you.

The course lasts for six weeks and each week we will focus and build on a variety of topics, including:

- What is personality disorder?
- What helps someone who experiences personality disorder?
- Ways of offering support to someone who experiences personality disorder

**We advise that you attend all six sessions to get the most out of the course.**

We will be running the course three times over the next year at a variety of times and locations.

<b>Group 1</b>	Wednesday evenings 6pm - 8pm 2 May - 6 June The Vale Circles, Beeston, Leeds LS11 5JF
<b>Group 2</b>	Tuesday afternoons 1pm - 3pm 2 October - 6 November Stocks Hill Centre, Armley, Leeds LS12 2DJ
<b>Group 3</b>	Thursday afternoons 1pm - 3pm 7 February - 14 March Lovell Park Centre, Wintoun Street, LS7 1DA

For further information or to book your place, please contact **Ruth Sutherland** or **Clare Conlon** on **0113 8557951**, or email [PDCarers.lypft@nhs.net](mailto:PDCarers.lypft@nhs.net)