

## Annual Research Forum 2017

### Workshop information

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#### **'New Ways of Thinking about Patient Involvement in Research'**

##### **Abstract:**

This workshop will explore new ways of thinking about patient involvement in research using creative methods that enhance understanding and change perceptions. Warning – you may leave feeling more creative!

##### **Workshop provider bio:**

**Helen Cooke** is the Patient Research Ambassador for Leeds and York Partnership NHS Foundation Trust, a role tasked with raising awareness and understanding of patient involvement in research. She has a background in psychology, and has worked in medical conciliation. In more recent years she has studied the psychology of motivation and success and is interested in how this can inform mental health.

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#### **'Sharing personal mental health lived experience with service users: research and next steps'**

##### **Abstract:**

Research was undertaken during 2014-16 in LYPFT to examine practitioner and service user perceptions regarding the helpfulness of practitioners sharing their mental health and other lived experiences with service users. This workshop presents some of the key findings, and subsequent policy and training actions that were informed by the research and implemented by LYPFT. Participants will have the opportunity to assess their current feelings about self-disclosure; understand the research process, problems, and findings; ask questions about the research and about sharing lived experience; examine and comment on training and guidance materials; and contribute suggestions regarding the dissemination strategy.

##### **Workshop provider bio:**

**Jonny Lovell** Research Associate and Associate Lecturer, University of York, worked in the voluntary sector for 15 years with a variety of marginalised communities prior to undertaking a Masters in Social Work at the University of York. His MA dissertation focused on social workers' attitudes towards self-disclosure. A Community Care magazine article about the findings of this research was noticed by Alison O'Connell at LYPFT, and subsequent discussions led to further (PhD) research examining the perceived helpfulness of mental health professionals sharing their mental health and other lived experiences with service users. Jonny is a Research Associate and Associate Lecturer at the University of York, based in the International Centre for Mental Health Social Research in the department of Social Policy and Social Work.

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**Sally Rawcliffe-Foo** worked in the NHS for 16 years having qualified as an Occupational Therapist in 2000 at the York St John University. Sally has worked in forensic psychiatry for 10 years and has been a keen advocate of promoting the service user voice; particularly for disadvantaged groups and seeking opportunities for reducing stigma associated with mental health. She undertook a secondment with NHS England as a service user involvement lead and this led to the first meeting with Alison O'Connell at LYPFT within a peer support role. Last year Alison and Sally worked more closely together within the LYPFT forensic psychiatry service to develop the NHSE Recovery College CQUIN and through this work Sally became aware of the research project with Jonny Lovell and saw the opportunity to take the project through to conclusion. Sally is the Operational Manager for the LYPFT Forensic Psychiatry Service with units located in both Leeds and York.

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## 'Top tips for preparing your research funding application'

### Abstract:

The aim of this workshop is to provide a brief overview of the key issues to consider when putting together a grant proposal for submission to National Institute for Health Research (NIHR) and other funders. This will include:

- Developing your research question
- Checking the scope and remit funders
- Trajectory to patient benefit and stage of research
- Is there a gap? Building your case
- Public Involvement in the design and delivery of your project
- Impact of research – who are the beneficiaries?
- Planning your research – tools and methods
- Team building and networking
- Planning your costs and other resource issues
- Working with the Research Design Service

We will provide brief information about each aspect of proposal development and invite some questions about each topic. All those attending the workshop will receive an information pack with useful resources to seek out further information and to support your learning. This will also include signposting to other opportunities to develop your grant writing skills.

### Workshop provider bio:

**Dr Janine Bestall** has been a researcher in applied health for over sixteen years. Janine is experienced in applying for funding from NIHR, Wellcome Trust and other funders. She worked for the Cochrane Collaboration as a systematic reviewer, managed and delivered government funded trials, is an experienced qualitative researcher and was a public health portfolio manager for seven years. Janine has experience of developing health status questionnaires and in undertaking public involvement activities. She recently collaborated with a patient charity and Leeds Diagnostic Evidence Co-operative to develop resources for patients about blood tests used in biomarker detection as part of a Wellcome Trust Engagement grant. She is currently a Senior Research Fellow in the Centre for Health Services Research at the University of Leeds. She is also the lead for the Leeds spoke of the Research Design Service in Yorkshire and the Humber.

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## Leeds and York Partnership NHS Foundation Trust

**Dr Kate Hill** is an experienced applied health researcher. She worked for 8 years in the NHS as a researcher in respiratory medicine. In 2002 she moved to the University of Leeds where she has managed programmes of research in stroke and cardiovascular disease. Kate has experience in both quantitative and qualitative methods, and is currently working as a National Institute for Health Research, Research Design Service Adviser. She is a keen advocate of public engagement in research.

Kate is a trustee and director of the June Hancock Mesothelioma Research Fund; she leads and manages the charity's research activities. Her other voluntary activities include Chair of the Board of Trustees of the Robin Lane Health and Wellbeing Charity (based at a primary care health centre in Leeds) and Vice-Chair of Harewood Parish Council. Kate also works closely with the European Lung Foundation (ELF) and represents patient organisations on the ELF Council.

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