

## When and where do we meet?

The group meets every fortnight on a Monday from 12.30pm – 2.30pm at Leeds Civic Hall, Calverley Street, Leeds, LS1 1UR (near Millennium Square).



Meetings will take place on the following dates throughout 2017:

|           |        |
|-----------|--------|
| July      | 17, 31 |
| August    | 14     |
| September | 11, 25 |
| October   | 9, 23  |
| November  | 6, 20  |
| December  | 4, 18  |

Becoming a member of the group is voluntary and travel expenses can be reimbursed, you'll just need to provide your ticket or receipt.

## Further information

For more information please contact:

### Ruth Sutherland

Involvement Lead for the Leeds Personality Disorder Clinical Network

0113 85 57951

Email [PDinvolvement.lypft@nhs.net](mailto:PDinvolvement.lypft@nhs.net)

To submit an article, or for more information about the Validate newsletter, please email [validate.lypft@nhs.net](mailto:validate.lypft@nhs.net)

More information on involvement opportunities at Leeds and York Partnership NHS Foundation Trust are available on our website [www.leedsandyorkpft.nhs.uk/get-involved/](http://www.leedsandyorkpft.nhs.uk/get-involved/)



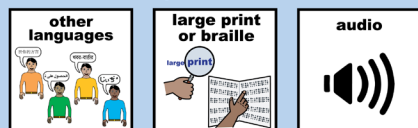
Leeds and York Partnership  
NHS Foundation Trust

## Personalities in Action

The Involvement Group for Leeds Personality Disorder Clinical Network



We can offer you this information in:



Please contact Interpretation and Translation Support Team:

0113 8556418/9 [translation.lypft@nhs.net](mailto:translation.lypft@nhs.net)



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### Who are we?

Personalities in Action is the service user involvement group for Leeds Personality Disorder Clinical Network. Its is a friendly group that meets every second Monday at Leeds Civic Hall.

Members of the group all have lived experience of personality disorder and have used mental health services provided by Leeds and York Partnership NHS Foundation Trust.

The group is informal and friendly and encourages people to express their views, share their experiences, explore what works well in the network and in our Trust and provide valuable feedback around areas which may need improvement.



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### Why do we meet?

We meet because our members, both staff and service users, have an interest in working within Leeds Personality Disorder Clinical Network. Coming together provides us with the opportunity to:

- ensure service users have a voice within our network
- share views, opinions and feedback on both our services and our involvement opportunities
- increase confidence and self-esteem
- stay connected with other people who understand personality disorder and who may have had similar experiences
- empower new service users to feel part of a supportive community



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### How does the group help others?

The Service User Involvement Group allows us to ensure that we work collaboratively across Leeds Personality Disorder Clinical Network to provide the best experience for service users.

The first hand experiences of our service users are useful in understanding what is working well and what we could improve and what we learn from the group is put into practice within our service and more widely across our Trust.

Members of the group have the opportunity to get involved in:

- producing our regular service user newsletter, Validate
- representing other service users at our clinical governance meetings, conferences and events
- take part in our service user satisfaction survey
- review our literature such as letters and leaflets and offer suggestions of where we could improve them
- take part in research and evaluation

