



**Carers
Leeds**

Working together to support carers



Leeds and York Partnership
NHS Foundation Trust

New Carers Support Group

**Do you care for or support someone
with a Personality Disorder?**

**Would you like to meet with other
carers for support?**

This new bi-monthly group will offer you an opportunity to chat and share experiences with other carers, to get information and advice, and to focus on your wellbeing as carers.

No need to book, please feel free just to call in.

Day	Wednesday evenings, 5.30pm-7pm
Dates	21st June; 16th August; 18th October; 20th December
Venue	Carers Leeds 6-8 The Headrow Leeds LS1 6PT

For more information or to see if this group meets your needs, please contact **Ruth Sutherland** on **0113 8557951**, **Elaine Wilkes** on **0113 380 4300** or email **PDcarers.lypft@nhs.net**

Carers Leeds in partnership with Leeds Personality Disorder Clinical Network