

Do you care for or support someone with a Personality Disorder?

Then this group is for you.

The course lasts for six weeks and each week we will focus and build on a variety of topics, including:

- What is personality disorder?
- What helps someone who experiences personality disorder?
- Ways of offering support to someone who experiences personality disorder

We advise that you attend all six sessions to get the most out of the course.

We will be running the course three times over the next year at a variety of times and locations.

Group 1	Wednesday evenings from 19 April - 23 May 6.00pm - 8.00pm The Vale Circles, Beeston, Leeds LS11 5JF
Group 2	Tuesday afternoons from 3 October - 7 November 1.00pm - 3.00pm Stocks Hill Centre, Armley, Leeds LS12 2DJ
Group 3	Thursday afternoons from 15 February 2018 - 22 March 2018, 1.00pm - 3.00pm Lovell Park Centre, Wintoun Street, LS7 1DA

For further information or to book your place, please contact **Ruth Sutherland** or **Clare Conlon** on **0113 8557951**, or email PDCarers.lypft@nhs.net