

What is SUN?

It's a group for people with lived experience of Leeds and York Partnership Trust's mental health and learning disability services – as service users or as relatives, friends or carers of service users.



What does SUN do?



It brings people together to share their experience of LYPFT's services and use this experience to influence how services run.

Why should I get involved?

You can make a difference, understand why things happen the way they do, share your knowledge, learn new skills, increase your confidence, support your recovery and maintain your wellbeing.



I'm in – sign me up!

Contact LYPFT's Patient and Carer Experience Team
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