



Macia Murape

Charge Nurse

“ I love being part of someone’s success story. ”

What is your job title, what does it involve day-to-day and how long have you been working in that role and/or at the Trust?

I joined the Trust a year ago as a Band 5 nurse and quickly progressed to Band 6 charge nurse. I’m currently based on a female inpatient assessment and treatment ward at Clifton House. My role involves auditing, attending meetings, including professionals meetings involving external agencies, providing support to my colleagues through supervision, carrying out assessments and supporting the ward manager.

I carry out clinical duties which include day-to-day care of our patients, care planning, liaising with families and carers, supporting my colleagues in different ways and administering medication. I’m the ‘mental capacity champion’ for the ward and I also carry different link roles within the ward making sure that we maintain quality in all services that we give to patients.

I’m a registered mentor and a lead mentor, providing support for student nurses who come here on placement, making sure that the ward maintains a learning environment for student nurses at all times.

Why did you choose to work for the NHS?

During my training as a student nurse, most of my placements were within the NHS and what attracted me most were the benefits and pension scheme compared those available within the private sectors. I was also influenced by the reputation of the NHS and recommendations from other professionals who had worked for both sectors and found the NHS to have better job security as compared to private sector. I’m ambitious and I value continued professional development. One of the benefits of working for the NHS are the many opportunities available to those willing to develop themselves and keep up-to-date with the ever changing health system.

What's your favourite part about your job?

One thing I love about my job is being part of someone's success story. My current role allows me to attend assessments, accept patients into our care and support them from the day they're admitted. I see them through their recovery, supporting them daily and include their family and carers throughout their care. Finally seeing them discharged to a step down facility or re-integrated back into the community, that alone gives me satisfaction as I feel I have done something positive to change a life.

What's the most challenging part about your job?

As a Band 6 nurse, one of my responsibilities is being the first point of contact in the absence of senior management and having to make decisions instantly. At times this can be during the night when my colleagues look to the senior nurse for guidance.

Tell us about:

a time you were really proud of your work

Receiving positive feedback from a patient's family who said that it 'was the best they have seen their relative in years'. On reflection, when the patient initially came to our service they would not engage in any part of their treatment, however after staff had developed a good rapport with the patient it made a change, and now the patient is ready to step down to a different service.

your fondest memory of working at the Trust

Being promoted to a Band 6 charge nurse a few months after I had started working for the Trust. I remember my matron saying, 'it does not matter how long you have worked here, if you are a leader then you are a leader'. That really motivated me and gave me confidence that I could do it, and I have not regretted taking the opportunity.

What do our values of integrity, simplicity and caring mean to you? How do you show these values in the work that you do?

'Doing what you said you would do' I believe is one of the fundamental values we have as a Trust. As staff from different departments, we endeavour to always provide quality care, making sure we deliver the care that we promise to give.

At Clifton House we work together to ensure everyone who in our care, including families and carers, have an understanding of what we do and what they should expect from us, making sure information is communicated in the simplest form possible. We provide person-centred care, involve patients in every aspect of their care, involve family and carers, and work together with external agencies. We are always mindful of equality and diversity, and try as much as possible to meet individual needs in terms of their culture or religion.

What message would you give to inspire the future NHS workforce in your area of work or in general?

Working for the NHS provides the opportunity to develop your skills and knowledge, which will help with further developing of your career in the future. The NHS continues to provide job security and satisfaction with great benefits and reward for your efforts.

Care provided to our patients is excellent and we are always looking for strategies on how to improve our services and have patient involvement as our priority. The staff at Leeds and York Partnership NHS Foundation Trust go above and beyond to ensure quality care is maintained daily. Our staff are a true definition of the 6 C's of nursing that is Care, Compassion, Communication, Competence, Courage and Commitment.

How has the NHS made a difference to you/how have you seen the NHS help people?

I have been qualified for three years and I remain eager to learn and develop myself using every available opportunity. Working for the NHS has given me the opportunity to enrol at university to further my studies. The NHS has also provided health care for me as an individual.

One of the wonderful things about the NHS is that help is provided to everyone regardless of gender or ethnic background. The services have dedicated staff members who have people's needs at heart and their doors are open 24/7, 365 days a year.