

# Adult Community Mental Health Services

Improvements to services for working age  
adults in Leeds





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This leaflet is a short summary of our plans to change and improve the way we provide community mental health services for people aged 18 – 65 across Leeds. It explains what we're changing and why we think this will improve services.

Our service users will still get high quality services and support and in the main, they may not see significant changes – it's the way we organise ourselves to give the care and support that is changing.

Some of the detail isn't quite finished and we'd like to know what you think so we can reflect people's views in our final plans. Have a look at the back page to find out how you can join the conversation.

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### **What happens now**

Since 2012 our three community mental health teams have worked with all age groups. We hoped that this would help us to meet the ever increasing demands for our services. Feedback from our staff and our service users and carers tells us that this service model isn't working very well for anyone and it's patchy across the city.

### **The changes we're making**

We want to develop a citywide community adult service which combines crisis assessment and intensive support for service users with complex needs.

People will be assessed quickly and will be offered home-based care and support as a genuine alternative to hospital admission. This is important because we know people recover better when they're at home.



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We will take up to six weeks for assessment. This will allow the experts in a community mental health team to get to know the service users and work with them and their carers to develop a personalised treatment plan. This plan is a service user's journey to better health and will include an agreement of what 'good' looks like and an 'end point' for our services.

Care will be delivered by a team of experts working together to 'wrap around' the service user. This might include support from other NHS services or from community partners who can better meet the service users' needs.

Every service user will have a care co-ordinator who will offer care and support and will speak to others on their behalf.

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### **The benefits**

- More contact with the community mental health team
- Services that are easier to understand and move between
- More home-based treatment that offers a genuine alternative to hospital admission
- Inpatient and community services are more joined up
- More shared and joined up care between our mental health service and other organisations in the city
- Decisions about care and admission to hospital being made in a consistent way

## How we're communicating

We want to hear from everyone in our community. If you would like any of our information in large print, easy read or a community language, please let us know.

You can find all our written information and other detailed background information on our website at:

[www.leedsandyorkpft.nhs.uk/get-involved/community-mental-health/](http://www.leedsandyorkpft.nhs.uk/get-involved/community-mental-health/)

There's a slide show which has a commentary describing our plans that you can download and discuss at home, work or in social settings.

We will visit and talk to community groups with an interest in mental health – have a look at the online diary to see when and where, or call us.

See below for how to get in touch with us.

## What do you think?

We have a short feedback form where you can tell us what you think and if you have any worries about our plans. You don't need a stamp, just fill it in and pop it in the post or hand it in.

It's also available online at [www.leedsandyorkpft.nhs.net/get-involved/](http://www.leedsandyorkpft.nhs.net/get-involved/)

## Get in touch

If you've got any questions or want to send us some more detailed comments here's how to get in touch:

Tel: **0800 052 5790 (our Patient Advice and Liaison Service)**

Email: [communityredesign.lypft@nhs.net](mailto:communityredesign.lypft@nhs.net)

## Community Mental Health Redesign

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