

Useful contacts

Help from support groups can be a valuable source of information, and also often provides opportunities to socialise with like-minded people. Unfortunately, not all services are available in all areas. This list should not be considered comprehensive, so much as a starting point. Local libraries and Citizens Advice Bureau branches may have information and contact details for other organisations. The internet can be a massive support to people in the form of internet forums and blogs, information sharing and resources. Support from family and friends is also valuable, and some of our postoperative clients are willing to offer occasional support to other transgendered people.

National organisations:

- Gires

Gender Identity Research and Education Society

Gires have compiled the 'TranzWiki' which attempts to be a comprehensive directory of the groups campaigning for, supporting or assisting trans and gender non-conforming individuals, including those who are non-binary and non-gender, as well as their families across the UK.

The Tranzwiki is a good place to get up to date information on local support groups.

<http://www.tranzwiki.net/>

- Beaumont society

We are the largest and longest established transgender support group in the UK, and have developed a support network which has been at the forefront of the transgender, transvestite, transsexual and cross-dressing community since 1966!

<http://www.beaumontsociety.org.uk/>

Twitter: [@Beaumont_Soc](https://twitter.com/Beaumont_Soc)

- The Beaumont Trust

The Beaumont Trust is a charitable educational resource for medical, voluntary and lay people who require to increase their knowledge on the subjects of Transsexualism and Transvestism and offers support to those affected by the issues they raise

We operate a 24/7 helpline which on 07000 – 287878. If you are unable to get through at any time, please leave a message and we'll get back to you.

<http://www.beaumont-trust.org.uk/>

This information has been compiled without prejudice and without any liability being taken by the Leeds Gender Identity Service for the content of any information obtained through the contact list.

- The Bent Bars Project

The Bent Bars Project is a letter-writing project for lesbian, gay, bisexual, transgender, transsexual, gender-variant, intersex, and queer prisoners in Britain.

<http://www.bentbarsproject.org/>

- Broken Rainbow

Broken Rainbow's objective is to relieve the distress and suffering caused to lesbians, gay men, bisexual and transgender people by domestic violence and abuse.

Helpline: 0300 999 5428

<http://www.brokenrainbow.org.uk/>

Twitter: @brokenrainbow

- FTM UK

To bring transguys and allies together, to provide community, support, resources, friendship, education and have some fun!

<http://www.ftmuk.net/>

Twitter: @FTM_UK

- The Gender trust

The Gender Trust is a listening ear, a caring support and an information centre for anyone with any question or problem concerning their gender identity, or whose loved one is struggling with gender identity issues.

<http://www.gendertrust.org.uk/>

Twitter; @gendertrustUK

- Stonewall

Stonewall works to achieve equality and justice for lesbians, gay men, bisexual and trans people.

<http://www.stonewall.org.uk/>

Twitter: @stonewalluk

- Gendered Intelligence

Gendered Intelligence is a not-for-profit Community Interest Company, established in 2008. We work predominantly with the trans community and those who impact on trans lives; we particularly specialise in supporting young trans people aged 8-25.

<http://genderedintelligence.co.uk/>

- TransBareAll

TransBareAll works with the trans community, helping people accept their bodies and live more fulfilling lives.

<http://transbareall.co.uk/>

Twitter: @TransBareAll

For Children and Young People

- Mermaids

Mermaids is a support group for gender variant children and teenagers, and their families.

<http://www.mermaidsuk.org.uk/>

Twitter: @Mermaids_Gender

Information line: 020 8123 4819 Monday to Saturday, 3pm until 7pm when staffed, answerphone at other times - local rates.

- The National Trans Youth Network

The National Trans Youth Network was set up in September 2013. It is a network of trans youth groups from around the UK, and includes the youth workers who support them.

<http://ntyn.org.uk/>

For family, friends and carers

- Depend

A voluntary organisation whose aim is to provide support, advice and information for anyone who knows, or is related to, a transsexual person in the UK.

<http://depend.org.uk/>

- Distinction

This information has been compiled without prejudice and without any liability being taken by the Leeds Gender Identity Service for the content of any information obtained through the contact list.

Updated 30/12/2015

Distinction is a group for people who have transitioning partners. We offer a safe space whether your partner is MtF or FtM.

<http://www.distinctionsupport.org/>

Twitter: @DistinctionSupp

- Women of the Beaumont Society (WOBS)

Supporting and understanding the needs of all women in an intimate, familial or social relationship with a gender dysphoric person

<http://www.gender.org.uk/wobsmatters/>

This information has been compiled without prejudice and without any liability being taken by the Leeds Gender Identity Service for the content of any information obtained through the contact list.